Who We Are:
Palm Health Foundation is Palm Beach County’s community foundation for health. With the support of donors and a focus on results, the foundation builds strong community partnerships, advocates for its most vulnerable neighbors and inspires innovative solutions to lead change for better health for generations to come.

Our Vision:
All Palm Beach County residents have opportunities to thrive and reach their full health potential.

Our Mission:
We inspire and fund solutions for better health in Palm Beach County through community collaboration.

Palm Health Foundation Supports Health Equity

Leading change for health equity means effectively removing barriers, engaging the voice of the community, and working together to promote better health. Palm Health Foundation is here to support health equity for Palm Beach County residents of all backgrounds, heritage, education, incomes, and states of wellbeing, now and for future generations.
Our Values

**Integrity**
We work with transparency and respect for all people and ideas.

**Equity**
We believe that everyone should have a fair and just opportunity to be healthier.

**Humility**
We approach our work as servant leaders with dignity and reverence for others.

**Courage**
We embrace risk in the pursuit of new opportunities for better health.

**Diversity**
We honor the differences and experiences that make people unique.

**Collaboration**
We believe in the compounding effect of people working together toward a common goal.

**Creativity**
We support new ways to engage our community and innovate for better health.

**Stewardship**
We take responsibility for the prudent use of resources entrusted to us.
Dear Neighbors,

The year 2018 has been a pivotal year in the development of our community foundation for health.

We changed our name! The foundation’s name change is minor – from Palm Healthcare Foundation to Palm Health Foundation, yet it represents our growing role as a funder of lifelong wellbeing to help all Palm Beach County residents thrive and reach their full health potential.

Research demonstrates that our residents’ health is just as dependent on the zip codes where they live as their DNA codes and medical predispositions. That’s why Palm Health Foundation is committed to addressing social and environmental factors that impact health. People need access to healthy foods, adequate housing, jobs, safe places to exercise and tools to reduce chronic stress to maintain good health over their lifetimes.

We’re determined to find community solutions that narrow long-standing health disparities. The Healthier Together resident-led neighborhood initiative now has six communities up and running. The foundation committed $1.2 million in 2018 supporting the Healthier Together communities to develop effective networks between residents, business leaders, local governments, education and healthcare with a goal to narrow health disparities related to diabetes, family caregiving and brain health.

In 2018 we also brought stakeholders together to help us formalize our commitment to health equity. We believe health equity means effectively removing barriers, engaging the voice of the community and working together to promote better health.

Everyone should be afforded a fair and just opportunity for longer, healthier lives.

Alina M. Alonso, M.D.

Alina M. Alonso, MD, Chair
Palm Health Foundation Board of Trustees

The foundation committed $1.2 million in 2018 supporting the Healthier Together communities
Dr. Alina Alonso, Chair (left) and Patrick McNamara, President and CEO (right)
Dear Neighbors,

Palm Health Foundation certainly has been leading change for better health in 2018!

In January 2018, we formally announced a two-year campaign to raise and invest $1 million to advance brain health in Palm Beach County. In less than 10 months, with the generous support of our donors, we exceeded our goal! The funds were immediately invested right back into the community to support improved brain health for our residents.

• Working with more than 30 partner organizations, we established a 100-Day Challenge to fight the opioid crisis and jumpstart a new safety net system for recovery.

• We funded Mental Health First Aid, a training that teaches lay people how to identify and respond to signs of mental illness and substance use.

• We partnered with Leadership Palm Beach County and Quantum Foundation to address mental health in the workplace, training more than 100 business professionals in Mental Health First Aid in one month’s time.

• We convened over 120 local experts in behavioral health to develop a common agenda to improve the behavioral health of children and families in our schools and neighborhoods. This exciting, collective effort will be called Be Well PBC.

Why are we focusing so many of our resources on improving brain health? Because our overall health and wellbeing is intimately connected to the good health of our brains. Although we are more digitally connected than ever before, we are less socially connected and more stressed. We are less physically active, eat more unhealthy foods and sleep less. None of this is good for our brains and, ultimately, our overall health and wellbeing.

So, in the coming years, Palm Health Foundation will continue to focus our efforts around brain health. We are fortunate to live in a time when there has been an explosion of research and scientific discoveries about the brain. We will work with our partners to push innovation and promote a nexus of local research, community ties and improved care for brain health.

Let’s all work together for better health in Palm Beach County!

Patrick J. McNamara, LCSW
President and CEO, Palm Health Foundation
Healthier Lake Worth launched in July 2017 with an infusion of $1 million over five years from Palm Health Foundation to tackle the root causes of behavioral health issues facing the residents of Lake Worth. Carmelle Marcelin-Chapman was named project director of the new resident-led initiative.

Today, she is working with local residents, business leaders and other nonprofit organizations to address behavioral health in non-traditional ways. Members of the initiative decided to address neighborhood cleanliness, safety and race equity. Healthier Lake Worth developed a plan to engage its residents in a systematic approach to a cleaner, greener and safer community. This has included several cleanup campaigns to date.

Members of the initiative decided to address neighborhood cleanliness, safety and race equity.

So, what does a clean neighborhood have to do with behavioral health? Studies show that a person’s health outcomes largely relate to the environment in which they live. The neighborhood cleanups instill community pride and the results evoke a sense of safety, belonging and connectedness. In addition to the cleanups, Healthier Lake Worth created pop-up parties in local parks to educate residents on healthy lifestyles; connected with local police officers to share information on safety concerns; and built strong partnerships with more than 45 community groups.

Carmelle’s passion and her commitment to developing a clear understanding of the complex values and needs of a diverse, multi-cultural community is a great gift to Healthier Lake Worth.
If you have resided in Palm Beach County for more than a few years, the Quattlebaum name is familiar to you. Greg Quattlebaum is a fourth generation Floridian and president of Quattlebaum Funeral, Cremation, and Event Centers. He is a lifelong resident of West Palm Beach who is committed to making his hometown the best place to live, work, and play.

Greg is extremely civic minded and his list of volunteer service is a long one. Palm Health Foundation is grateful for his service in a leadership role on its Board of Trustees, serving on the Executive Committee and as Chair of the Community Investment Committee.

**His support has been invaluable because he believes in the power of residents banding together to improve the quality of life in their neighborhoods.**

As a small business operator, Greg is a proponent of local businesses working alongside residents to attain their common goals. His support in launching the *Healthier Together* community initiative has been invaluable because he believes in the power of residents banding together to improve the quality of life in their neighborhoods.

His contributions extend beyond his commitment of time. Greg and his wife, Julie, have created the **Quattlebaum Family Behavioral Health Fund at Palm Health Foundation** to philanthropically support the work for which he so deeply cares.
Andrea Bruton’s mother-in-law passed away from congestive heart failure a few years ago. Andrea had been trying to persuade her to get healthier and walk, even just to the mailbox and back. A police officer and fitness instructor, Andrea knows how important it is to get the body moving. Unfortunately, she was unable to convince her mother-in-law, who lost her life as a result.

At the time, Andrea’s own mother was 76 years old and about to retire. Her mother was an athlete, but Andrea saw her and other seniors in the community slowing down. A lifelong Delray Beach resident, Andrea heard about Palm Health Foundation’s Let’s Move Commit to Change Physical Activity Challenge and started a team vowing to get her community moving to get healthy.

*Let’s Move helps people realize how important their health is and encourages residents of all ages to get moving through healthy competition.*

The first year, even with a late start, Team Delray Beach finished in 5th place. The next year, they won first place with more than 2 million physical activity minutes logged! *Let’s Move* helps people realize how important taking care of their health is and encourages residents of all ages to get moving through healthy competition.

Andrea has been a powerful force in the Delray Beach community, always advocating for the residents who live there. Her keen interest in physical fitness has been a key component in the success of Palm Health Foundation’s *Let’s Move Commit to Change Physical Activity Challenge.*
Teammate Donna Jones (left) and Andrea Bruton (right)
When Barbara Shafer’s 21-year-old daughter, Alison, passed away as a result of opioid addiction-related causes nearly four years ago, she quickly learned that the kind of assistance she yearned for was not easy to find. She wanted to find a safe place where she could connect and share resources with other families who had gone through the same types of experiences.

“Although I was surrounded by caring people, I still struggled with the stigma surrounding a loss from overdose. Society still views those who struggle with addiction as having moral failure, rather than being in the grip of a terrible disease they cannot control,” lamented Barbara.

She is using her personal experience and knowledge to help others along their own painful journeys to healing.

Today, Barbara’s healing continues while she has found a new purpose for her life. She is using her personal experience and knowledge to help others along their own painful journeys to healing. She serves as project director and facilitator for a free forum series through the Hanley Foundation called Project C₄OPE that is designed to connect families who share the experience of a loved one who has died of opioid overdose, survived an overdose, or is at high risk for overdose.

Project C₄OPE is made possible in part from funding received from the Alice Busch Gronewaldt Donor Advised Fund at Palm Health Foundation directed by the Holbrook family. This is a wonderful example of how many partners are working together to lead change for better health!
Alina Alonso, MD, is Director of the Florida Department of Health-Palm Beach County. She chairs the Board of Trustees and serves on the Executive, Finance/Investment and Governance/Nominating Committees.

Denise Bober is Senior Vice President-Human Resources at The Breakers Palm Beach, Inc., overseeing all aspects of human resources for 2,200 team members. She is Vice Chair of the Board of Trustees and serves on the Executive and Governance/Nominating Committees.

Mark Elhilow has been engaged in the practice of investment management, family office, estate planning and public accounting for more than 25 years. He is co-founder and managing principal of Blue Ocean Capital. Mark is a member of the Finance/Investment Committee.

Marsha Fishbane, MD, is a pediatrician retired from the Florida Department of Health-Palm Beach County, Community and School Health Divisions. She serves on the Community Investment Committee.

Barbara Jacobowitz, MS, holds a master’s degree in public health and is the Keiser University Department Chair for Health Services Administration for the Keiser System. She is a member of the Executive and Governance/Nominating Committee.

Christine Koehn, PhD, is Executive Director for the Celia Lipton Farris and Victor W. Farris Foundation and oversees grantmaking in education, health and arts and culture. She serves on the Community Investment Committee.

Daniel Lichtstein, MD, is Professor of Medicine and Regional Dean for Medical Education at the University of Miami Miller School of Medicine Regional Medical Campus in Palm Beach County. He serves on the Community Investment Committee.

Pat McNamara, LCSW, is Palm Health Foundation’s President/CEO. He has more than 25 years’ experience in the nonprofit health and human services sector. He is a recipient of the Leadership Excellence Award from Leadership PBC and Nonprofits First’s Nonprofit Executive of the Year Award.
Nathan E. “Nat” Nason is a shareholder in the law firm of Nason, Yeager, Gerson, White and & Lioce, PA. Nat serves on the Finance/Investment Committee.

Greg Quattlebaum is President of Quattlebaum Funeral, Cremation and Event Centers. He serves on the Executive Committee and is Chair of the Community Investment Committee.

Ruth Schwarzkopf, RN, holds a master's degree in health administration, is Chief Nursing Officer at West Boca Medical Center and serves as the Florida Region Representative for the Tenet National Nurse Executive Council. She serves on the Community Investment Committee and chairs the Governance/Nominating Committee.

Joseph B. "Jay" Shearouse, III, is Chairman and CEO of First Bank of the Palm Beaches. He chairs the Audit Committee and serves on the Governance/Nominating and Philanthropy Committees.

Ilene Solomon Silber served as Executive Director of Communities in Schools. She helped the Education Commission create a comprehensive professional development system in early care and education. She serves on the Community Investment Committee.

Andrea Stephenson Royster is Executive Director of the Health Council of Southeast Florida, responsible for conducting regional health planning and implementation activities to improve access to healthcare. She serves on the Audit and Community Investment Committees.

Clarence Williams’ law enforcement career spans over 40 years. He is a past president of the Palm Beach County Association of Chiefs of Police. Chief Williams serves on the Community Investment Committee.

David Wisehaupt is Managing Director and Chief Investment Strategist at Wisehaupt, Bray Asset Management. He also is a partner at HighTower with more than 35 years' experience in providing investment advice. He chairs the Finance/Investment Committee and serves on the Executive and Philanthropy Committees.
Leading Change for Better Health
Through Philanthropy

Change Leader
$100,000+
Southeast Florida Behavioral Health Network

Health Champion
$25,000-$99,999
The B.J. and Paula Harris Fund of Palm Health Foundation
Merrell Family Foundation
Tenet Health
VITAS Healthcare

Leadership Circle
$10,000-$24,999
Board of County Commissioners, Palm Beach County
Children’s Services Council of Palm Beach County
The Celia Lipton Farris and Victor W. Farris Foundation, Inc.
Hanley Center Foundation, Inc.
Health Care District of Palm Beach County
Ms. Isabel Jackson
Jupiter Medical Center - Calcagnini Center for Mindfulness
Palm Beach Country Club Foundation, Inc.
PNC Bank
Quantum Foundation
Town of Palm Beach United Way
United Way of Palm Beach County

Partners in Health
$5,000-$9,999
Community Foundation for Palm Beach and Martin Counties
The Edward and Lucille Kimmel Foundation, Inc.
Estate of Max Lonner
E. M. Lynn Foundation
Mr. and Mrs. William Blair Meyer, Jr.
Mr. Roger E. Robson
Trustbridge

Stewards
$2,500-$4,999
Mr. Mark W. Cook
Mr. and Mrs. Mark Elhilow
Marsha M. Fishbane, MD
Academy for Nursing and Health Occupations
Palm Beach Atlantic University
Circle of Care $1,000-$2,499
Anonymous Donor (2)
Dr. Charles B. Alexander and Mr. Timothy McCormick
Ms. Nancy Alexander
The Breakers Palm Beach
Ms. Liz Brown, LCSW
Edwards Electric Corp.
First Bank of the Palm Beaches
Florida Atlantic University Foundation, Inc.
Florida Blue Foundation
Mr. and Mrs. Kenneth Groves
Lynda Harris Certified Legal Nurse Consultant
Mr. and Mrs. Stephen Horvath
Jeck, Harris, Raynor & Jones, P.A.
K&M Electric Supply, Inc.
Lansing Hutcheon Wealth Management, UBS Financial Services, Inc.
Mrs. Marjorie Levin
Dr. and Mrs. Daniel Lichtstein
ManorCare
Mr. and Mrs. Patrick J. McNamara
Nason, Yeager, Gerson, White & Lioce
Palm Beach County Medical Society Services
Mr. and Mrs. Greg Quattlebaum
Mr. and Mrs. David D. Reiereson
Ms. Marjorie C. Rendina
Mr. Kenneth Royster and Mrs. Andrea Stephenson-Royster
Schmidt Family Foundation / Peaceful Mind
Peaceful Life
South Florida Science Center and Aquarium
Mr. Louis Silber and Mrs. Ilene Solomon Silber
Ms. Marjorie J. Sullivan
Wisehaupt, Bray Asset Management at HighTower
Ms. Paula Vassallo

Patron $500-$999
Anonymous (2)
AGW Capital Advisors
Ms. Isabel Alexander
Maitland Alexander III Donor Advised Fund of Fidelity Charitable
Arthur J. Gallagher & Co.
Howard and Maxine Bernstein Family Foundation of BNY Mellon
Mr. and Mrs. Bruce Blueweiss
Ms. Denise Bober
Ms. Barbara Clifford
Mr. Sean Ferreira and Mrs. Lilly Leas Ferreira
Mr. and Mrs. Chad Goodwin
The Audrey Hillman Hilliard Fund of The Saint Paul Foundation
Ms. Mary Jean Houlanah, RN
Mrs. June Jones
The Lord's Place
Magellan Health
The Honorable Barbara Pariente
Mr. Gardner Rogers and Mrs. Pamela Leclair-Rogers
Mr. and Mrs. Paul Schwarzkopf
Mrs. Caroline Sory
Mr. and Mrs. Blake E. Stuart
Usechek Charitable Fund of Schwab Charitable
Leading Change for Better Health
Through Philanthropy

**Named Giving Funds at Palm Health Foundation** allow you to establish a charitable giving fund during your lifetime, through your estate plan, or both. A fund created during your lifetime serves as an efficient and strategic way to maximize your annual giving today, while providing a vehicle for a transformational gift later through your estate plan. 100% of donations to Palm Health Foundation go directly to improving health in Palm Beach County.

While the foundation tackles health challenges based on health data in Palm Beach County, we can support your passion for any health-related cause locally through a named giving fund.

**As Your Philanthropic Partner:**
- We know health and healthcare needs
- We know Palm Beach County
- We connect and convene local resources and leaders to tackle health issues
- We can help you leverage your donation for greater good

**Types of Giving Funds at Palm Health Foundation:**
- Scholarship - Help nursing and medical students achieve their goals.
- Field of Interest - Make an impact within a health field that matters to you.
- Designated - Support your favorite health charity annually - with a one-time gift.
- Donor Advised - Elevate your charitable impact by advising on grant recommendations.

Named funds target your giving to the causes you are passionate about while trusting Palm Health Foundation to invest in the projects and organizations that will make the greatest impact in our community.

To begin the conversation about creating a named fund, please contact: **Jeff Groves**, Director of Philanthropy 
(561) 837-2282, jgroves@phfpbc.org
Named Charitable Giving Funds

Alonso Family Neighborhood Healthcare Fund
Andrew P. Barowsky Scholarship Fund
Andrea Bradley Neighborhood Healthcare Fund
Mrs. Daisy Close Diabetes Fund
Cook Healthcare Fund
Dean Family Caregiving Fund
Dodson Family Nursing Advancement Fund
Dodson Neighborhood Healthcare Fund
Joseph Dolce Surgical Nursing Scholarship Fund
Fishbane Family Neighborhood Healthcare Fund
Clementina Santi Flaherty Fund
William E. Flaherty Fund
Alice Busch Gronewaldt Foundation Fund
Gryskiewicz Family Neighborhood Healthcare Fund
Hathaway Behavioral Health Fund
B.J. & Paula Harris Fund
B.J. & Paula Harris Nursing Faculty Scholarship Fund
Debra Coffman Howe Nursing Scholarship Fund
Stuart Jackson Memorial Fund for Recovery
Jacobowitz Family Diabetes Fund
Angela and John Lacy Neighborhood Healthcare Fund
Peter and Gary Levin Fund
Marmot Donor Advised Fund

Martinez Family Neighborhood Healthcare Fund
Miesel Family Charity Care Endowment
Peter & Elinka Ordway Nursing Scholarship Fund
Jorge and Melanie Otero Neighborhood Healthcare Fund
Helen K. Persson Nursing Education Endowment
Helen K. Persson Nursing Scholarship Fund
John Peters Neighborhood Healthcare Fund
Quattlebaum Family Behavioral Health Fund
Rubenstein Family Behavioral Health Fund
Schwarzkopf Family Greatest Need Fund
Servant Heart Scholarship Fund
Carol Shore Angel Fund
Ilene Solomon Silber Greatest Need Fund
Stephenson Family Behavioral Health Fund
Shearouse Family Neighborhood Healthcare Fund
Sutton Kailey Nursing Advancement Fund
Van Cura Sullivan Neighborhood Healthcare Fund
Wisehaupt Family Charitable Fund
### PALM HEALTHCARE FOUNDATION, INC. AND SUBSIDIARY CONSOLIDATED STATEMENT OF ACTIVITIES
(For the Year Ended June 30, 2018)

<table>
<thead>
<tr>
<th>Description</th>
<th>FY 2018</th>
<th>FY 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenues, gains and support:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contributions, grants and pledges</td>
<td>$ 429,054</td>
<td>$ 158,807</td>
</tr>
<tr>
<td>Investment income, net of fees</td>
<td>1,063,801</td>
<td>1,039,600</td>
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<tr>
<td>Rental income</td>
<td>237,089</td>
<td>268,440</td>
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<tr>
<td>Trust income</td>
<td>333,949</td>
<td>247,554</td>
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<tr>
<td>Change in value of split-interest agreements</td>
<td>201,158</td>
<td>436,254</td>
</tr>
<tr>
<td>Net realized and change in unrealized gain (loss) on investments</td>
<td>5,228,148</td>
<td>6,714,078</td>
</tr>
<tr>
<td>Sponsorship, event and other income</td>
<td>211,989</td>
<td>131,567</td>
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<tr>
<td><strong>Total revenues, gains and support</strong></td>
<td>7,705,188</td>
<td>8,996,300</td>
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<tr>
<td><strong>Expenses:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants and program services</td>
<td>4,155,607</td>
<td>3,664,213</td>
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<tr>
<td><strong>Support services:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>General and administrative</td>
<td>358,547</td>
<td>373,591</td>
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<tr>
<td>Fundraising</td>
<td>451,079</td>
<td>346,581</td>
</tr>
<tr>
<td><strong>Total expenses</strong></td>
<td>4,965,233</td>
<td>4,384,385</td>
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<tr>
<td>Change in net assets</td>
<td>2,739,955</td>
<td>4,611,915</td>
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<tr>
<td><strong>Net assets, beginning of year</strong></td>
<td>82,185,205</td>
<td>77,573,290</td>
</tr>
<tr>
<td><strong>Net assets, ending of year</strong></td>
<td>$ 84,925,160</td>
<td>$ 82,185,205</td>
</tr>
</tbody>
</table>
### CONSOLIDATED STATEMENT OF FINANCIAL POSITION
(For the Year Ended June 30, 2018)

<table>
<thead>
<tr>
<th>Description</th>
<th>FY 2018</th>
<th>FY 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current assets:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash and cash equivalents</td>
<td>$1,526,330</td>
<td>$1,406,477</td>
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<tr>
<td>Contributions, pledges and accounts receivable</td>
<td>19,812</td>
<td>6,615</td>
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<tr>
<td>Prepaid expenses and other assets</td>
<td>29,804</td>
<td>19,455</td>
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<tr>
<td><strong>Total current assets</strong></td>
<td>1,575,946</td>
<td>1,432,547</td>
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<tr>
<td>Investments</td>
<td>76,261,799</td>
<td>70,869,737</td>
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<tr>
<td>Split-interest agreements</td>
<td>2,156,974</td>
<td>3,902,942</td>
</tr>
<tr>
<td>Property and equipment, net</td>
<td>6,244,149</td>
<td>6,574,349</td>
</tr>
<tr>
<td><strong>Total assets</strong></td>
<td><strong>86,238,868</strong></td>
<td><strong>82,779,575</strong></td>
</tr>
<tr>
<td><strong>LIABILITIES AND NET ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current liabilities:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>253,856</td>
<td>94,764</td>
</tr>
<tr>
<td>Grants payable, current</td>
<td>1,059,852</td>
<td>499,606</td>
</tr>
<tr>
<td><strong>Total current liabilities</strong></td>
<td>1,313,708</td>
<td>594,370</td>
</tr>
<tr>
<td><strong>Net assets</strong></td>
<td><strong>84,925,160</strong></td>
<td><strong>82,185,205</strong></td>
</tr>
<tr>
<td><strong>Total liabilities and net assets</strong></td>
<td><strong>$86,238,868</strong></td>
<td><strong>$82,779,575</strong></td>
</tr>
</tbody>
</table>
Leading Change for Better Health  
Through Community Health Campaigns

Through Community Health Campaigns, Palm Health Foundation provides information on critical health issues affecting Palm Beach County residents and offers practical solutions and encouragement for residents to adopt lifestyle changes that improve their health and wellbeing.

Train the Brain – October 1 - October 31

- The goal of Train the Brain is to change the conversation around brain health by helping Palm Beach County residents understand that taking care of the brain is just as important as taking care of the body.

- Participants are invited to visit the campaign website, www.TraintheBrainPBC.org, take a pledge to “train their brains” to make changes in their thinking, integrate self-care behaviors into their daily routines and show compassion to individuals with acute and persistent mental health conditions.

- In FY 2018 nearly 1,200 Palm Beach County residents took the brain health pledge and attended free events including meditation, mindfulness training, yoga classes and film screenings.
Let’s Move: Commit to Change Physical Activity Challenge
March 1 - March 31
• *Let’s Move* is a county-wide initiative that focuses on physical activity, nutrition and healthy behaviors.

• The foundation invites residents to form teams, commit to exercising at least 30 minutes a day in March and log their minutes on the *Let’s Move* website: www.LetsMovePBC.org.

• In FY 2018 more than 200 Palm Beach County teams logged over 32 million minutes!

Thank a Nurse – April 15 - May 15
• *Thank a Nurse* is an annual campaign, held in conjunction with National Nurses Week (May 6 - 12) that honors Palm Beach County nurses.

• The campaign provides nurses and community members the opportunity to express gratitude to its cherished local nurses through media recognition and events.

• More than 1,000 nurses participated in the foundation’s local celebration events.

• 17 local nurses were recognized at the foundation’s Heart of Gold Reception for exceptional nursing care.

• Since 2001, the foundation has awarded nearly $3 million in nursing scholarships to more than 1,000 students.
Leading Change for Better Health
Through Collaborative Grantmaking

**American Cancer Society ($100,000)**
Funding supports the Cancer Prevention, Education and Early Detection Program in Palm Beach County. It provides low-income, at-risk individuals evidence-based interventions that raise awareness, offer education and provide transportation to cancer screenings.

**El Sol Neighborhood Resource Center/AmeriCorps VISTA program ($30,000)**
Funding supports local positions in the AmeriCorps VISTA program, a national service program designed to fight poverty. Locally, the VISTAS help to advance the collective vision of *Healthier Together* communities in Palm Beach County.

**Florida Atlantic University Inter-Professional Education Collaborative ($50,000)**
Funding enables medical and nursing students in Palm Beach County to assess their inter-professional knowledge and team-based clinical skills.

**Granted Rent at Palm Healthcare Pavilion ($261,760)**
Funding supports office space for NAMI PBC (National Alliance for Mental Illness), Health Professions Simulation Center at FAU and the Volunteer Nurse Corps of Palm Beach County.

**Hanley Foundation for Project C⁴OPE ($50,000)**
*The Alice Busch Gronewaldt Fund at Palm Health Foundation* supports Hanley Foundation’s Project C⁴OPE (Connect for Overdose Prevention and Education). This educational forum series provides support and resources for families in the Opioid Crisis.

**Northwest Community Consortium (NCCI) ($50,000)**
Funding provides healthcare access, health education and literacy to the uninsured and underinsured in the northwest neighborhood of West Palm Beach. Services are led by a faith-based community nurse who provides screenings, education, care coordination and linkages to needed resources.
Palm Beach Atlantic University Volunteer Nurse Corps ($100,000)
The Volunteer Nurse Corps is a program that helps residents in Palm Beach County who are struggling to care for themselves. The corps is comprised of working, retired and student nurses who volunteer their time to connect vulnerable populations to resources and education.

Palm Beach County Medical Society/Response to the Opioid Crisis ($25,000)
Funding from the B.J. & Paula Harris Fund at Palm Health Foundation supports the medical society’s project assisting physicians to establish prescribing practices, standards of care, treatment options and recovery supports for their patients who require opioids.

Palm Health Foundation Nursing Scholarships-George Snow Scholarship Fund ($150,000)
Funding provides for undergraduate and graduate nursing students in Palm Beach County to pursue their career aspirations. The George Snow Scholarship Fund administers the scholarships, leverages additional resources and supports the students.

Palm Health Foundation Nursing Scholarships-George Snow Scholarship Fund ($10,000)
The B.J. & Paula Harris Fund at Palm Health Foundation supports nursing scholarships administered by the George Snow Scholarship Fund.

South Florida Science Center & Aquarium, Inc. ($43,216)
Funding from the Marmot Donor Advised Fund at Palm Health Foundation provides general operating support for the South Florida Science Center & Aquarium.

University of Miami Miller School of Medicine (Boca Raton Office) ($43,216)
Funding from the Marmot Donor Advised Fund at Palm Health Foundation provides general operating support for Dr. Raul Mitrani’s research specializing in clinical cardiac electrophysiology.
Leading Change for Better Health
Through Better Health Networks

We bring people together to explore new possibilities for learning and create unique ways to address the social and economic factors that determine health.

**Achievement Center for Children and Families/Healthier Delray Beach ($200,000)**
This funding supports Healthier Delray Beach with a mission to serve as a trusted advocate for the behavioral health needs of its residents by creating awareness, encouraging acceptance and equity, and developing a system of care.

**American Heart Association ($2,500)**
Funding supported the Cycle Nation program to raise awareness of the importance of physical fitness to heart health.

**Alpert Jewish Family & Children Services/Mental Health First Aid Coalition ($20,000)**
Funding supports the coordination and delivery of the evidence-based Mental Health First Aid Program that teaches participants how to identify and respond to risk factors and warning signs of mental health problems.

**Be Well PBC ($35,000)**
Funding supports strategic plan/capacity building for a new Collective Impact Behavioral Health Initiative that will focus on families and children in Palm Beach County.

**Catholic Charities ($670)**
Funding supports faith-based nursing certification and mentoring programs.

**Community Partners/Healthier Glades ($200,000)**
The mission of Healthier Glades is to assist residents in coping with life’s stressors and creating a sense of mental wellbeing that will positively impact the Glades communities. Funding provides financial support and resources to help neighborhoods make positive, healthy changes.
Community Partners/Healthier Neighbors
($200,000)
This Healthier Together initiative in northern West Palm Beach/Riviera Beach is focusing on behavioral health by addressing trauma and violence; access to healthy foods; and engaging the faith-based community.

Community Partners/Healthier Lake Worth ($200,000)
Healthier Lake Worth has a mission to improve the behavioral health of its residents by improving the cleanliness and safety of its neighborhoods and to promote healthy behaviors.

Diabetes Coalition of Palm Beach County ($18,950)
Funding supports capacity building, data collection and a leadership position for this voluntary alliance of healthcare organizations and community partners working together to prevent diabetes and improve the lives of people living with the disease.

The EJS Project/SenseMaker Project ($20,500)
Funding is for the SenseMaker tool that is used for gathering community perceptions and conducting field research in the Healthier Together communities.

Jupiter Medical Center/Healthier Jupiter ($200,000)
Healthier Jupiter’s initiative addresses health and quality of life issues starting with diabetes prevention and management. Funding provides financial support and resources to help the neighborhoods make positive, healthy changes.

Leadership Palm Beach County/Leadership Breakthroughs Summit ($12,500)
Palm Health Foundation and Quantum Foundation joined together to sponsor a “mental health in the workplace” track. Funds provided training for 100 professionals to attend Mental Health First Aid, a course that teaches participants how to identify and respond to risk factors and warning signs of mental health problems.
Mental Health Association of Palm Beach County ($6,200)
Funding supported a national certification training for peer specialists.

Open Table ($41,200)
Funding supports specialist training and expenses to roll out the evidence-based program, “Open Table” that brings together “tables” comprised of local leaders, members of the faith community and health experts to support families whose daily lives are challenged by the actions of a family member who has diagnosed mental health conditions.

Pathways to Prosperity/Healthier Boynton Beach ($200,000)
Healthier Boynton Beach seeks to make the lives of family caregivers easier. Funding provides financial support for education, resources and access to services.

Racial Equity Institute ($12,640)
Funding supported training with a goal to create racially equitable organizations and systems. Training took place in the Glades and Riviera Beach.

Rapid Results Institute-Opioid Abuse Pilot Project ($79,722)
Funding supported the coordination and implementation of a collaborative partnership in Palm Beach County with a goal to find new ways to address the opioid epidemic and get results in 100 days.

Resident Leadership Conference ($10,529)
Funding provided a one-day conference to strengthen leadership skills for residents and community leaders involved in Healthier Together initiatives in Palm Beach County.

Tamarack Institute ($10,263)
Funding enabled individuals in leadership roles in the Healthier Together initiatives an opportunity to attend international conferences to network and expand their knowledge of collective impact work.

T. Leroy Jefferson Foundation ($8,600)
Funding provided capacity building for the organization to fulfill its mission to improve the quality of life for underserved populations in Palm Beach County.

Palm Health Foundation's Commitment to Community Health in Fiscal Year 2018 $3.6M