greater

health makes everything in life greater.
Palm Healthcare Foundation inspires and funds solutions to improve health in Palm Beach County.

About Palm Healthcare Foundation:
Palm Healthcare Foundation, Inc., chartered in 2001, is Palm Beach County’s leading public healthcare foundation. Since that year, the foundation has distributed over $40 million to more than 95 non-profit organizations in Palm Beach County operating over 130 programs.

Our Mission
Integrity
We approach our work with openness and respect for all people and ideas.

Humility
We are mindful that our purpose is to serve the community and that the gifts and talents of others contribute to our success.

Courage
We do not shrink from controversy in our investment in the good health of our community.

Diversity
We honor the differences that make our community unique.

Collaboration
We believe in the compounding effect of people working together toward a common goal.

Together we can do more
Palm Healthcare Foundation’s Board of Trustees and staff oversee the charitable mission of the foundation, including asset management, grant-making and fundraising.

2010 Board of Trustees

Rev. Gerald Kisner, Chair
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Dear community friends:

The year 2010 was a year of reflection for the trustees and staff of Palm Healthcare Foundation. We evaluated our work of the past decade to plan for the future as we embark on our 10th year of grantmaking. We looked at our foundation’s role in responding to critical health issues and needs in our community with renewed vigor.

Our introspection revealed to us that we can accomplish more with greater impact by narrowing our focus and concentrating our resources on a limited number of strategic priorities. As a result, we have focused our grantmaking priorities around the following critical community needs: **Diabetes Prevention and Management, Nursing Advancement, Family Caregiving and Behavioral Health.**

Based on our philosophy, “together, we can do more” we believe that working together around these important community issues will enable us to maximize resources and ideas to achieve greater results. We are extremely grateful for the dedicated support of our donors, volunteers, and community leaders who join with us to find innovative solutions to our health issues in Palm Beach County.

Reverend Gerald Kisner  
Chair, Palm Healthcare Foundation
Coping with Economic Stress Program

Kristin McCabe, MS

Kristin McCabe is the facilitator of the Coping with Economic Stress Program offered through the Oakwood Center of Palm Beach County at Palm Healthcare Pavilion. Although her title is program director, many who attend the program would refer to her as a “life changer.”

The goal of the grant is to improve the lives of families and individuals who have been affected by job loss or significant income reduction. A free five week support group teaches group members ways to increase resilience, strengthen coping skills and set new goals for themselves in the current economic climate.

Kristin reports, “I never dreamed I would learn so much from my participants. They are from all walks of life ranging from minimum wage to six-figure salary earners. Group participants have stated that they never expected to feel as much support as they do from the other group members. They commented, ‘I am not alone in this; this is not my fault.’ I have been surprised that many of the participants have asked to come back and repeat the sessions to enhance their new skills even more.”
Grantee Feature Story

Diabetes Prevention and Management

FAU Diabetes Center

Katie Barnette and Linda Barnette

Linda Barnette learned about the FAU Diabetes Center at Palm Healthcare Pavilion while attending a local business meeting. Her teenage daughter, Katie, had been diagnosed with Type I Diabetes seven years earlier and was struggling to maintain stable health. Linda was elated to learn that there was a place that offered a team approach to treatment including intensive diabetes and nutrition education.

Since being treated at the center, Katie’s insulin levels have been monitored closely and her health has flourished. “I have a team of people who care about me. I can call anytime I have a question about my insulin numbers and my team (consisting of nurse practitioner, nutritionist, physician, certified diabetes educator and pharmacist) will work with me to develop a strategy to bring my levels back in line. I like that they value my opinion and talk to me directly.

I feel a lot healthier now. I’m able to go out with my friends, play soccer, have some pizza, and live a normal teenage life,” reports Katie.
Grantee Feature

Story

Family Caregiving

American Association of Caregiving Youth/Caregiving Youth Project

Keith and Linda Bryant

The first U.S. study, released in September 2005, documented that there are at least 1.3 – 1.4 million caregiving youth of whom 72% care for a grandparent or parent.

Middle School is where Keith Bryant’s story begins. He entered the Caregiving Youth Project when he was 11 years old. Both of his parents were disabled and required Keith to step in as a caregiver to cook meals, do laundry, and administer medications. Keith’s school work began to suffer and he worried a lot about his parents.

Thankfully, the Caregiving Youth Program was offered at his middle school. The organization stepped in to help him and his family by providing support and encouragement to keep him in school.

Keith is 16 now. He has forged strong relationships with the social workers, teachers and nurses who provide emotional support, tutoring, home visits and more. He has also built solid relationships with other kids in the group. Just being with other kids who are going through the same things makes his days better. “I worry so much about my parents and it is nice to take my mind away from my caregiving duties for awhile.”
Grantee Feature Story
Nursing Advancement

Novice Nurse Leadership Institute

Carlo Parker, Glenn Pfaff and Usar Suragarn

Carlo Parker, a doctoral candidate in nursing at FAU, and Director of the Novice Nurse Leadership Institute, (NNLI) left a career as a bio-chemist to enter the field of nursing. “I love nursing because my actions transform lives in real time. I can say to myself, “Today, I helped this man get off of a ventilator to breathe on his own. I can’t think of many other professions where the response is so immediate.”

Carlo splits his time between working as a nurse in the ICU of West Boca Medical Center and directing the NNLI, a program funded by Palm Healthcare with a goal to reduce nurse turnover in the first two years of practice.

Glenn Pfaff and Usar Suragarn are alumni of the program that strengthens the competency of new nurses, promotes advancement to higher levels of education, and engages novice nurses in leadership. Their experience in the NNLI touched their lives in such a way that they are dedicated to giving back to the profession. They volunteer their time at Palm Healthcare Foundation and head up the alumni association for NNLI graduates.

All three leaders are recipients of scholarships from Palm Healthcare Foundation, have secured positions as nurses in local hospitals, are currently enrolled in college to obtain advanced degrees in nursing, and give back to their profession through volunteerism.
## Financials

Guided by an exceptionally knowledgeable and talented Finance/Investment Committee, the foundation’s investment strategy is based on sound financial principles, consistent investment strategy, and long-range Strategic Planning.

### Palm Healthcare Foundation, Inc. and Subsidiary Consolidated Statements of Activities

<table>
<thead>
<tr>
<th></th>
<th>FY 2010</th>
<th>FY 2009</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>REVENUE AND OTHER SUPPORT</strong></td>
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<td>Contributions</td>
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<td>Grant Revenue</td>
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<td>Trust Income</td>
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<td>Write-up Value of Contribution Receivable</td>
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<td>Write-up of Amount Due From Intracoastal Health</td>
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<td>Other Income</td>
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<td><strong>TOTAL REVENUE and OTHER SUPPORT</strong></td>
<td>6,508,629</td>
<td>1,492,597</td>
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| **EXPENSES AND LOSSES**     |             |             |
| Charitable Grants           | 5,271,850   | 4,882,327   |
| General and Administrative  | 800,360     | 563,494     |
| Fundraising                 | 555,696     | 460,766     |
| Building Expenses           | 332,970     | 330,619     |
| **TOTAL EXPENSES**          | 6,960,876   | 6,237,206   |
| Investment Loss             | 9,639,314   |             |
| Loss/Value Beneficial Interests in Trusts | 1,391,519   |             |
| Write-down of Contribution Receivable | 309,721     |             |
| Write-down due from Intracoastal Health Systems | 2,356,730   |             |
| **TOTAL EXPENSES AND LOSSES** | 6,960,876   | 19,934,490  |
| **INCREASE (DECREASE) IN NET ASSETS** | (452,247)   | (18,441,893) |
| NET ASSETS at July 1, 2009 & 2008 | 71,800,803  | 90,242,696  |
| NET ASSETS at June 30, 2010 and 2009 | $71,348,556 | $71,800,803 |
## Consolidated Statements of Financial Position

<table>
<thead>
<tr>
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<th>FY 2010</th>
<th>FY 2009</th>
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<tr>
<td><strong>ASSETS</strong></td>
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<td>Cash and Cash Equivalents</td>
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<td>Property and Equipment (net)</td>
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<td><strong>TOTAL ASSETS</strong></td>
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<td><strong>$72,282,914</strong></td>
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<td><strong>LIABILITIES AND NET ASSETS</strong></td>
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<td>Accounts Payable</td>
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<td>Grants Payable, Net</td>
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<td><strong>TOTAL LIABILITIES</strong></td>
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<td>Unrestricted</td>
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<td><strong>TOTAL NET ASSETS</strong></td>
<td><strong>71,348,556</strong></td>
<td><strong>71,800,803</strong></td>
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<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
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<td><strong>$72,282,914</strong></td>
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<tr>
<td>Organization</td>
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<td>Funding</td>
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<td>American Association of Caregiving Youth</td>
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<td>Arthritis Foundation</td>
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<td>Caridad Center</td>
<td>Prevention, Education, Treatment (PET) Program</td>
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<td>Interfaith Health and Wellness Faith Community Nursing Program</td>
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<td>Children’s Services Council of Palm Beach County</td>
<td>Nurse Family Partnership</td>
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<td>Gym Equipment for Community Wellness Center</td>
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<td>Florida Atlantic University</td>
<td>Christine E. Lynn College of Nursing</td>
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<td>Florida Atlantic University</td>
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<td>Glades Healthcare Foundation</td>
<td>Lakeside Regional Medical Center</td>
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<td>Medical Interpreter Training Program</td>
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<td>Hearing the Ovarian Cancer Whisper (H.O.W.)</td>
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<td>Health News Florida</td>
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<td>Health Network of the Palm Beaches</td>
<td>Medicaid Program and Common Eligibility System Planning</td>
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<td>Hebni Nutrition Consultants</td>
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<td>HOPE Project</td>
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<td>Organization</td>
<td>Program/Project</td>
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<td>Mental Health Association</td>
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<td>Palm Beach County Education Comission</td>
<td>Healthy Living Campaign</td>
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<td>Palm Beach County Medical Society Services</td>
<td>Healthcare Disaster Preparedness and Response Initiative</td>
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<td>Palm Beach County Medical Society Services</td>
<td>Language Access Initiative</td>
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<td>Palm Beach County Youth for Christ</td>
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<td>Planned Parenthood</td>
<td>Teen Time Medical Services</td>
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<td>School Board of Palm Beach County</td>
<td>Healthy Kids, Healthy Communities: Supporting Action to Prevent Childhood Obesity</td>
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<td>Stroke of Hope Club</td>
<td>Aphasia Center Program</td>
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<td>Your Aging Resource Center</td>
<td>Caring Connections Volunteer Respite Program</td>
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<td>United Way of Palm Beach County</td>
<td>Community Food Alliance</td>
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<td>Zoological Society of the Palm Beaches</td>
<td>Palm Beach Zoo Education Division-Wellness Program</td>
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**Responsive Grantmaking**

$3,099,476

**Grantmaking Program Services**

$2,172,374

**Total Funding**

$5,271,850
Palm Healthcare Foundation’s 2010 Donor Family*

We are mindful that our purpose is to serve the community and that the gifts and talents of others contribute to our success.

$10,000 AND ABOVE:
Ms. Michele B. Bloch
Cap Trust Financial Advisors
Genevieve Holloway Cleveland Trust
John S. Davis Estate
Mr. and Mrs. Robert J. Eigen
Flagler Systems, Inc.
The B.J. and Paula Harris Fund
Mr. Samuel E. Navarra Trust
The Palm Beach Post
Mr. Thomas C. Quick
The Carl & Ruth Shapiro Family Foundation
Ms. Beverly Sommer
Tenet
VITAS Innovative Hospice Care
Mrs. Peggy Walden
Wilmington Trust

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Mr. Richard D. Bernstein
Ambassador and Mrs. Stuart Bernstein
Mrs. June Jones
Mrs. Betsy K. Matthews
Relgalf Charitable Foundation

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Northern Trust
Mr. and Mrs. Robert D. Rapaport
The Royal Poinciana Chapel
Sunny 104.3
Mr. and Mrs. Leo A. Vecellio Jr.
Mrs. Suzette W. Wexner

$1,000 - 2,499
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Mrs. Maxine A. Bernstein
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Mr. and Mrs. Daniel A. Hanley
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Dr. E. Dorsey Smith-Seed and Dr. William T. Seed
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Mr. and Mrs. Cortright Wetherill Jr.

$250 - $999
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Anonymous
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Mrs. Iris Austin
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Mr. and Mrs. Richard Eisenberg
Mr. and Mrs. Kenneth M. Endelson
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Fisher-Hess Foundation
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Mr. and Mrs. William Foster
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Mr. and Mrs. Bruce E. Toll
Mr. and Mrs. Paul Touhey
Ms. Mary Frances Turner
Dr. James C. Walsh
The Weisman Family Foundation
Mrs. Elizabeth B. Wilkinson

$100 - $249
Ms. Helen Abell
Dr. David Abellard
Dr. J. Michael Atwater
Mrs. Carolyn B. Austin
Ms. Lynne Bishoff
Mrs. William A. Bowron
Dr. Anne Boykin and Mr. Stephen Staudenmeyer
Mr. Geoffrey Bradfield
Ms. Susan H. Brownlee
C J Laing Palm Beach
Dr. Roy J. Cacciaguida
Ms. Leonora A. Callahan
Capital Research Institute, Inc.
Mr. Marvin Cashman
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Mr. and Mrs. Irwin F. Deutsch
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Mr. and Ms. Theodore Downe
Ms. Saundra Dreikorn
Mr. and Mrs. Vincent J. Faga
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Mrs. Patricia Fusco
Dr. Laura Grigsby
Mr. and Mrs. Abraham Gross
Mrs. Nicole Guari
Mr. and Mrs. Peter Halmos
Mr. and Mrs. Edward A. Hirsch
Ms. Eileen Holberg
Mr. and Mrs. Hal B. Howard
Mr. Ricardo M. Hurtado
Mr. and Mrs. Robert B. Judell
Mr. John T. Killen III
Mr. Herb King
Ms. Wilhelmina V. N. Kipp
Reverend and Mrs. Gerald Kisner
Mr. and Mrs. Gerald Kligman
Ms. Rhonda Klein
Ms. Carol Konner
Mr. and Mrs. Paul Kozloff
Mrs. Sandra Krakoff
Mr. Dennis J. La Marsh
Ms. Gail A. Levine
Lion Country Safari
Mr. and Mrs. Jerome E. Lord
Mrs. Jacqueline M. Lyboldt
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Mrs. Jack C. Massey
Ms. Denise P. McCann
Mrs. Patricia McCloskey
Ms. Jane McLean
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Ms. Rita Moran
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Ms. Allison M. O’Neil
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Ms. Bridget Parks
Mr. Bill Pearl
Ms. Sherlean Purvis and Mr. John Daniels
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Mr. and Mrs. Brandon Roberts
Mr. and Mrs. Richard Rosenbloom
Dr. Saul D. Rotter
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Mr. and Mrs. Leslie A. Shaw
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Mrs. Geraldine Trent
Mr. and Mrs. Wallace Turner
Mr. Brian Vaas
Mr. and Mrs. Mark D. Veil
Mr. and Mrs. Douglas Wank
Ms. Jane Wechsler, RN
Mrs. Sieglinde E. Wikstrom
Mr. Marvin Wildenberg

* July 1, 2009 - June 30, 2010
Ascher Family Bequest

The Estate of Gerard and Bertha Ascher

The gifts and talents of others contribute to the success of the foundation.

Philanthropy has been the cornerstone of American life for generations. It has provided assistance to individuals who have nowhere else to turn in times of need. Philanthropy takes many forms. Gerard (Gerry) and Bertha (Bert) Ascher helped their community with a planned gift.

Gerry and Bert Ascher were quiet people who contributed to society in many ways. In 1945 Gerry served in the United States Army where he received a purple heart, a silver star, and a bronze star.

Gerry Asher spent most of his professional career in the refining and exporting of sugar. He served as President and CEO of several sugar export and import operations. Bert volunteered in the community and supported her husband’s business endeavors.

For all of Gerry’s work in the sugar industry, the Ascher’s sweetest moments came when they were giving back to the community they loved. Palm Healthcare Foundation was the beneficiary of their generosity in 2010 when some of the proceeds of their estate were given to support the work of the foundation. The Aschers’ legacy continues to provide for our community and is enhancing the lives of others every single day.

There are many ways to make gifts to Palm Healthcare Foundation. Careful planning can provide you personal and financial advantages. To learn more, please contact Melanie Otero, Vice President External Affairs at 561-833-6333.

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Reasons to Give to Palm Healthcare Foundation:

**Your donation goes farther through foundation giving**
According to a 2008 study by The Philanthropic Collaborative, for every dollar a foundation gives to health and wellness programs, more than seven dollars of economic benefits and savings go back into the community.

**Proven expertise in creating collaborative, transformative healthcare solutions**
We’ve become a trusted neutral partner in our role as a convener, bringing together the people and organizations that share common goals. We help reduce duplication of efforts and create greater solutions than any one group could accomplish alone.

**Healthcare solutions that touch a broad base, particularly those most in need**
Our reach is as broad and diverse as Palm Beach County. We have made an impact through region-wide programs that touch all residents, and we have made a difference in the lives of your neighbors just around the corner. We are focused on transforming many of the common healthcare challenges we face, and leveraging creative solutions for emerging causes in need of initial support.

**Oversight and accountability to ensure your gift does the most good**
Palm Healthcare Foundation has provided over $40 million to more than 95 non-profit organizations in Palm Beach County since its inception in 2001. We monitor every one of our grantee programs and have strict evaluation, measurement and tracking guidelines to ensure the programs we fund deliver on their objectives.

**Sound investment strategies = stability for the long term**
A national and international group of well-respected financial firms and investment managers oversee our portfolios. We adhere to strict investment guidelines and have a seasoned finance and investment committee review all activity on a monthly basis to protect our donors’ precious resources.
How Palm Healthcare Foundation Works

Individual • Family
Corporation • Organization
Gives dollars to the Foundation

Foundation invests the dollars for growth and income.

Funds are used to support grants to the community and Palm Healthcare Foundation programs:

- Diabetes Prevention and Management
- Behavioral Health
- Nursing Advancement
- Family Caregiving