In Memoriam
Barbara Jacobowitz

This Annual Report is dedicated to Barbara Jacobowitz, a founding member of Palm Health Foundation’s Board of Trustees. Dedicated to the good health of Palm Beach County for more than 30 years, Barbara will be forever remembered as an advocate for improved health access and health education with a special interest in diabetes prevention and management.
Our Vision:
All Palm Beach County residents have opportunities to thrive and reach their full health potential.

Our Mission:
We inspire and fund solutions for better health in Palm Beach County through community collaboration.

Who We Are:
Palm Health Foundation is Palm Beach County’s community foundation for health. With the support of donors, we build strong community partnerships, advocate for our most vulnerable neighbors and inspire innovative solutions to lead change for better health now and for generations to come. We believe everyone should be afforded a fair and just opportunity for a longer and healthier life.
Dear Neighbors,

Palm Health Foundation is a community foundation for health with a slogan to “lead change for better health.” Today, our work is focused on three important health priorities:

Building a Culture of Health
We support community health initiatives that promote the adoption of healthy lifestyles and tackle the social, economic and environmental factors that impact health in our neighborhoods.

Advancing Brain Health
We inspire unique partnerships and innovative networks between brain science, community members and care settings to make Palm Beach County a national leader in promoting brain health.

Strengthening Health Professions
We provide scholarships for nursing and other health-related fields with a goal to improve quality of care through training and education.

How do we “lead change for better health?”

* We **Engage** local stakeholders including community leaders and residents, health partners and policy makers around health issues.
* We **Enhance** unique collaborations and networks through knowledge, financial support, capacity building and technical assistance.
* We **Expand** the scope of health initiatives to reach more people and optimize impact.

Our approach sounds simple, but the work is complex. We can’t do it without the encouragement, expertise, dedication and support of many invested partners.

We hope we will inspire you to become one of our partners by investing your time, talent or philanthropic dollars to “lead change for better health” now and for future residents of Palm Beach County!

Alina M. Alonso, M.D.
Alina M. Alonso, MD
Chair, Palm Health Foundation Board of Trustees
We Engage.
We Enhance.
We Expand.
Dear Community Friend,

2019 was a year of great promise for those of us interested in brain health. The increased news coverage around our health and wellbeing, especially in reference to our brain health and mental health conditions, is extremely encouraging.

A subject that was previously taboo, mental health, is now openly discussed by news outlets, famous entertainers and government officials. Locally, participants in public forums and community meetings are openly discussing their struggles with conditions like anxiety and depression, with a message to others that they are not alone.

Palm Health Foundation is leading a movement to advance brain health in Palm Beach County. Last year with philanthropic support, we:

- Partnered with Florida Blue Foundation to expand the delivery of Mental Health First Aid training to diverse populations. Our foundation was the first funder to support the creation of the Palm Beach County Mental Health First Aid Coalition. In five years, the coalition has grown to include 16 agencies, the School District of Palm Beach County, 87 nationally certified instructors and has trained more than 6,000 citizens.

- Launched our third month-long Train the Brain community health campaign encouraging Palm Beach County residents to improve their brain health by providing tools, resources and events to help them adopt simple brain health habits into their daily routines.

- In partnership with local funders, launched BeWellPBC, a behavioral health movement that engages the community’s residents, systems and sectors to address the county’s behavioral health needs collectively with the promise that we can do better for our children, families and neighbors.

This is just the tip of the iceberg. Through public-private partnerships, the time is NOW to invest heavily in advancing brain research and effective treatments.

Please join us with your time, expertise and philanthropic support to affect meaningful breakthroughs in brain health research and care right here in Palm Beach County.

Patrick J. McNamara, LCSW
President and CEO, Palm Health Foundation
The time is NOW to invest.
Advancing Brain Health: Breaking Down Barriers

What do the words “mental health” mean to you? When you hear them, do they make you uncomfortable? Are they only used for people with severe mental illnesses like schizophrenia? Is it a subject that is silenced to avoid embarrassment?

For so many in the Haitian community, the answer is “yes” to all of these questions. Freslaine St. Louis, a youth minister for a Haitian church in Delray Beach, could see how the fear and misunderstanding around mental health was hurting her community.

“In working with youth, I could see first-hand how quickly and easily children and teens with anxiety and stress could turn to substance abuse. I knew we couldn’t be passive. We had to have difficult conversations, or risk losing them.”

Thanks to Palm Health Foundation’s deep support of brain health, St. Louis became one of the first Haitian Creole speaking trainers in Palm Beach County for Mental Health First Aid, a nationally-renowned eight-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis.

St. Louis uses her training to educate parents, too. She tells them that the everyday stress and challenges we all feel are mental health. Most importantly, she’s sharing how to identify, understand and respond to signs of mental illness and substance use disorders among their children, which could save lives.
Joining Forces for Mental Health First Aid Training

In 2019, Florida Blue Foundation awarded Palm Health Foundation a four-year grant to implement Mental Health First Aid in Palm Beach County’s underserved communities. Funding provides training for 2,000 residents and creates long-term, self-sustaining impact by certifying trainers who will provide ongoing multi-lingual mental health education.

“Thanks to the Florida Blue Foundation, we are answering the need for innovative solutions to improve our community’s mental health.”

– Patrick McNamara, President and CEO, Palm Health Foundation
Building a Culture of Health
Through Philanthropy

Nourishing Women of Color in Our Community

In the summer of 2019, 100 professional women of color took a day from work to participate in “Nourish,” a full-day wellness retreat at Manatee Lagoon in West Palm Beach.

Nourish was the brainchild of Jeanette Marshall, project director of Healthier Neighbors, a Palm Health Foundation resident-led initiative that tackles health issues in Riviera Beach/northern West Palm Beach. Marshall noticed that many mental health campaigns in the county didn’t resonate with a specific population she serves.

“Many professional women of color in our community, a large percentage of them caretakers, don’t take the time to address their own mental health. These women do such a great job creating initiatives and finding solutions for the community, but do not take the same level of care for themselves.”

Marshall gathered with local partners and created a day-long retreat filled with workshops and experiences to help attendees confront their stress and find the tools to create balance in their lives. Retreat activities ranged from self-guided adult coloring on the upstairs veranda, to yoga and meditation on the front lawn. At the end of the day, attendees clapped and cheered each other on as women stood to declare their intentions for self-care and work-life balance.
Helping Children and Families Thrive

Ilene Solomon Silber, trustee at Palm Health Foundation, established The Solomon Silber Children and Families Fund at Palm Health Foundation to specifically address brain health, education and community engagement in the Healthier Neighbors community and beyond. Through her fund, she is empowering residents to come together in unexpected ways to discuss their mental health experiences.

“With the help of The Solomon Silber Children and Families Fund, Healthier Neighbors was able to increase funding for one of our mini-grant awardees, which helps our community create their own solutions to better health.”

– Jeanette Marshall, Project Director, Healthier Neighbors
Fulfilling a Lifelong Dream

Have you ever had a dream that seemed impossible to reach? For Dr. Karen Wisdom-Chambers, that dream was becoming a nurse. No one in her family ever graduated from college. She was a high school drop-out and a teenage mom.

While raising her first child, Wisdom-Chambers worked hard to earn a bachelor’s degree in nursing, but realized she wanted to inspire others by becoming an educator, so she applied to a local doctoral program.

The day she received her acceptance letter for the program, she also received a knock on her door with devastating news. Her son had been murdered. She didn’t feel she could continue her studies, but, knew in her heart that her son would want her to carry on and fulfill her dream.

Eleven days after she buried her son, Wisdom-Chambers started her doctoral program. But, life’s tragedies were not over. Two years later, her husband was diagnosed with cancer. With mounting medical bills, Wisdom-Chambers wasn’t sure how she would pay for her schooling. Her dream of becoming a nurse educator looked bleak.

Fortunately, Wisdom-Chambers was granted a Palm Health Foundation scholarship. The foundation provided her with the financial support she needed at a critical time in her life.

One month after her husband passed away, Wisdom-Chambers graduated with a doctorate in nursing. Now, she touches the lives of countless nursing students, who will enter the local healthcare workforce and better the health of our community.
Supporting Quality Patient Care

Denise Bober, incoming chair of Palm Health Foundation’s Board of Trustees, knows how important nurses are to the health of a community. In 2014, her twin granddaughters, Sutton and Kailey, were born 24 weeks into their mother’s pregnancy, weighing only 1 lb. 2 oz. each. Kailey did not survive. Sutton had open heart surgery and spent 111 days in the Neonatal Intensive Care Unit (NICU).

“The nurses in the NICU had exceptional skills and talent. They bonded with our family and have become friends for life.”

Bober established **The Sutton Kailey Nursing Advancement Fund at Palm Health Foundation** to honor her precious miracle, Sutton, and memorialize her angel sister, Kailey. Her fund supports Palm Beach County’s nursing community through scholarships and educational programs and will ensure that other families have the same nurturing, quality care when they need it most.
Leaving a Legacy for Future Generations

It takes most of us a lifetime to accomplish our goals. Raising a family, building a business and planning for the future all take careful planning. When it comes to creating a lasting legacy – the legacy you want to leave for future generations – why not apply the same thoughtful process? Through powerful, effective and rewarding philanthropy, you can create a lasting legacy for your community’s health. **Palm Health Foundation is ready to serve as your philanthropic partner.**

An easy way to make a large impact with your giving is to name Palm Health Foundation as a beneficiary in your estate plans. If you care about health and healthcare in Palm Beach County, for current and future generations, we are here to help you create your health legacy.

Here are two options to consider:

- **Leave an unrestricted gift to Palm Health Foundation to improve health in our community.**

- **If you have established a named charitable giving fund at Palm Health Foundation, direct your estate gift to your fund to support a health-related cause you care about.** Simply note the name of your fund with your estate language.

*Example Language:* I give and devise the following assets: _____________________ to Palm Health Foundation, a Florida not-for-profit corporation (EIN #59-2391119), to support its mission to improve health in Palm Beach County.

Explore the many ways to meet your financial goals and maximize your philanthropic giving through thoughtful gift planning with Palm Health Foundation. Contact **Carrie Browne, Director of Philanthropy, at 561-837-2281 or carrieb@phfpbc.org** to learn how a gift in your will, trust or by beneficiary designation can impact you and the good health of our community.
Supporting Our Mission

“My story at Palm Heath Foundation began in June of 2001. I was one of five employees who worked for the foundation when it supported Good Samaritan and St. Mary’s Medical Centers. When the hospitals were sold, the foundation went through legal proceedings to become an independent community foundation for health.

The first years were both exciting and stressful. Before us was a blank canvas and we were charged with charting a new destiny for the foundation, while remaining grounded in a rich heritage of philanthropic support.

We had so much work to do to create a new, valuable asset for our Palm Beach County residents. We took our task seriously, determined to be good stewards of our philanthropic funds.

Now two decades later, I am so proud of what we have accomplished to improve Palm Beach County health. I am also a longstanding donor to the foundation. I donate because I am passionate about our mission and believe that all residents in Palm Beach County deserve opportunities to achieve good health.

As a donor, I have a unique vantage point. I’ve witnessed our astute Finance/Investment Committee discuss sound investment strategies. I’ve worked alongside community health experts who are deeply committed to our mission. And, I’ve been inspired by those who volunteer their time to support our work.

In the beginning and today we remain steadfast in our belief that Palm Health Foundation is a tremendous community asset. I know when we all work together, the future of Palm Beach County health is bright!”

— Marge Sullivan
Vice President of Communications, Palm Health Foundation
Building a Culture of Health
and Narrowing Health Disparities

Fiscal Year 2019 Grants Awarded
July 1, 2018 to June 30, 2019

Achievement Center for Children and Families/
Healthier Delray Beach ($200,000)
Funding supports Healthier Delray Beach with a mission to serve as a trusted advocate for the behavioral health needs of its residents by creating awareness, encouraging acceptance and equity and developing a system of care.

Alpert Jewish Family & Children Services/
Mental Health First Aid Coalition ($100,500)
Funding from Florida Blue Foundation, Palm Beach Country Club and Palm Health Foundation supports the coordination and delivery of the evidence-based Mental Health First Aid Program that teaches participants how to identify, understand and respond to signs of mental health conditions and substance use disorders.

BeWell PBC ($50,000)
Funding supports strategic plan/capacity building for Palm Beach County’s new collective impact behavioral health movement that will focus on families and children in Palm Beach County.

Cancer Alliance of Help & Hope ($38,000)
Funding from The Alice Busch Gronewaldt B Fund provides financial assistance to families stricken with a diagnosis of cancer. This general operating support also helps fund a patient navigator who guides families to services during their time of need.

Cancer Alliance of Help & Hope ($5,000)
Funding from The Peter and Gary Levin Fund provides financial assistance to families stricken with a diagnosis of cancer.

Community Partners/
AmeriCorps VISTA Program ($35,000)
Funding supports local positions in the AmeriCorps VISTA program, a national service program designed to fight poverty. Locally, the VISTAs help to advance the collective vision of the foundation’s Healthier Together communities in Palm Beach County.

Community Partners/Healthier Glades ($200,000)
The mission of Healthier Glades is to assist residents in coping with life’s stressors to create a sense of mental wellbeing that will positively impact the Glades communities. Funding provides financial support and resources to help neighborhoods make positive, healthy changes.
Community Partners/Healthier Lake Worth Beach ($200,000)
*Healthier Lake Worth Beach* has a mission to improve the behavioral health of its residents through efforts to improve the cleanliness and safety of its neighborhoods and promote healthy behaviors.

Community Partners/Healthier Neighbors ($200,000)
This *Healthier Together* initiative in northern West Palm Beach/Riviera Beach is focusing on behavioral health by addressing trauma and violence, access to healthy foods and engaging the faith-based community.

Community Partners/Tamarack Institute Resident Leadership Workshop ($20,000)
Funding provided a capacity-building workshop to strengthen leadership skills for residents and community leaders involved in *Healthier Together* initiatives in Palm Beach County.

Diabetes Coalition of Palm Beach County ($15,000)
Funding supports capacity building, data collection and a leadership position for this voluntary alliance of healthcare organizations and community partners working together to prevent diabetes and improve the lives of people living with the disease.

The EJS Project/We are Here ($2,000)
Youth leaders will connect with neighborhood residents and elders to learn about the community’s past, present and future. Funding provides for materials to conduct the work in *Healthier Delray Beach* neighborhoods.

Florida Atlantic University Caring-Based Academic Community Partnership ($15,000)
Funding provides support from the FAU School of Nursing for primary care services at the U.B. Kinsey Educational and Community Center.

Florida Atlantic University Health Professions Simulation Lab at Palm Healthcare Pavilion for the Inter-Professional Education Collaborative ($50,000)
Funding enables medical and nursing students in Palm Beach County to assess their inter-professional knowledge and team-based clinical skills.

Granted Rent at Palm Healthcare Pavilion ($213,600)
Funding supports office space for National Alliance for Mental Illness PBC, the Florida Atlantic University Health Professions Simulations Center and BeWellPBC.

Hanley Foundation for Project C4OPE ($50,000)
The *Alice Busch Gronewaldt B Fund* supports Hanley Foundation’s Project C4OPE (Connect for Overdose Prevention and Education). The project conducts group sessions and provides support for families impacted by a loved one’s opiate addiction or death.

Jupiter Medical Center/Healthier Jupiter ($200,000)
*Healthier Jupiter* addresses health and quality of life issues starting with diabetes prevention and management. Funding provides financial support and resources to help the greater Jupiter neighborhoods make positive, healthy changes.

Jupiter Medical Center Mindfulness Based Attention Training ($9,200)
Funding in part from the *Lisbeth R. Barron Brain Innovation Fund* supports a “Mindfulness Based Attention Training” research project with physicians and clinicians at Jupiter Medical Center, the first of its kind in Palm Beach County.
Palm Beach Atlantic University Volunteer Nurse Corps (VNC) ($100,000)
The VNC is a program that helps residents in Palm Beach County who are struggling to care for themselves. Working, retired and student nurses volunteer their time to connect vulnerable populations to resources and education.

Palm Beach County Medical Society/Opioid Response ($25,000)
Funding from The B.J. and Paula Harris Fund supports the “Opioid Healthcare Response Plan” that will assist physicians in establishing prescribing practices, standards of care, treatment options and recovery supports for their patients who require opioids.

Palm Health Foundation Nursing Scholarships – George Snow Scholarship Fund ($10,000)
Funding from The B.J. and Paula Harris Fund provides for undergraduate and graduate nursing students in Palm Beach County to pursue their career aspirations. The George Snow Scholarship Fund administers the scholarships and supports.

Palm Health Foundation Nursing Scholarships – George Snow Scholarship Fund ($112,900)
Funding from The Debra Coffman Howe Nursing Scholarship Fund provides for undergraduate and graduate nursing students in Palm Beach County to pursue their career aspirations. The George Snow Scholarship Fund administers the scholarships and leverages additional resources for the students.

Palm Health Foundation Nursing Scholarships – George Snow Scholarship Fund ($150,000)
Funding from multiple funds held at Palm Health Foundation and administered by The George Snow Scholarship Fund provides for undergraduate and graduate nursing students in Palm Beach County to pursue their career aspirations.

Pathways to Prosperity/Healthier Boynton Beach ($200,000)
Healthier Boynton Beach seeks to make the lives of family caregivers easier. Funding provides financial support for education, resources and access to services.

Pathways to Prosperity/SenseMaker Project ($5,500)
Funding is for the SenseMaker tool that is used for gathering community perceptions and conducting field research in Healthier Boynton Beach communities.

Quantum House Capital Campaign ($75,000)
Funding from The Alice Busch Gronewaldt B Fund provides funding for a renovation at Quantum House, a supportive temporary home for families whose children are being treated for serious medical conditions.

Rebel Recovery Peer Support Program ($10,000)
Funding from The Stuart Jackson Memorial Fund for Recovery supports certified recovery peers who work with participants to identify and remove barriers to achieve personal recovery goals and empower engagement in a recovery-oriented system of care.
Red Sneakers for Oakley School Days/Allergy Education Program ($25,000)
Funding from The Alice Busch Gronewaldt B Fund provides a school allergy awareness education and training program in the schools. Anaphylaxis is a severe, potential life threatening allergy reaction. It can occur within seconds of exposure to something to which you are allergic. This school-based program promotes awarenesses and educates about the potential dangers of food allergies.

Sari Center/Palm Beach Cancer Institute Cancer Support Program ($2,500)
The Peter & Gary Levin Fund provides general support for cancer patients who are unable to pay for treatments and therapies that help reduce symptoms and improve daily living.

South Florida Science Center & Aquarium Brain Exhibit ($25,000)
Funding supports the science center’s newest permanent exhibit, “Journey through the Human Brain.” Palm Health Foundation funding provides for the “Living a Healthy Brain Lifestyle” part of the exhibit.

Sovereign Order of St. John of Jerusalem, Knights Hospitaller ($10,000)
Funding from The B.J. and Paula Harris Fund supports a capital campaign project to build a new youth after-school building on the property of First Haitian Baptist Church in Belle Glade.

Trustbridge Medical Education ($50,000)
Funding from The Alice Busch Gronewaldt B Fund provides fellowships for physicians in hospice palliative medicine. The training combines clinical experience, didactic instruction and structured reflection on end-of-life care.

University of Miami Miller School of Medicine (Boca Raton Office) ($43,539)
Funding from The Marmot Donor Advised Fund provides general operating support for Dr. Raul Mitrani’s research specializing in clinical cardiac electrophysiology.
Building a Culture of Health
Through Community Health Campaigns

Palm Health Foundation's Community Health Campaigns provide information on critical health issues affecting Palm Beach County residents and offer practical solutions to address them. The campaigns provide opportunities for residents to participate in a variety of free activities that provide health education, fun and encouragement to continue the journey toward better health.

Let’s Move: Commit to Change
Physical Activity Challenge

During Let’s Move, the foundation invites residents to form teams, commit to exercising at least 30 minutes a day throughout the month of March and log their minutes at www.LetsMovePBC.org.

• This year, over 400 teams participated in the challenge and collectively logged 32 million physical activity minutes.

• Palm Health Foundation endorsed 25 free Let’s Move events during the March 2019 campaign.

• The foundation partnered with several community organizations to promote the campaign, including the School District of Palm Beach County, Special Olympics, Palm Beach State College, Jupiter Medical Center and city municipalities across the county.

• Let’s Move 2019 sponsors included Joe DiMaggio Children’s Health Specialty Center-Wellington, Children’s Services Council and Wisehaupt, Bray Asset Management.

“Wisehaupt, Bray Asset Management was pleased to partner with the foundation for Let’s Move. We hope that, by participating in the campaign, residents are inspired to achieve their full health potential, both in mind and body.”

– Dave Wisehaupt, Vice Chair & Treasurer Palm Health Foundation Board of Trustees
Thank a Nurse

Thank a Nurse is held in conjunction with National Nurses Week to honor Palm Beach County nurses through media messaging and two events: Nurses Night Out and the Heart of Gold Reception.

- More than 400 nurses attended Nurses Night Out, an event presented by Palm Health Foundation and media partner Hubbard Radio.
- More than 300 guests attended the annual Heart of Gold Reception, where 13 local nurses were honored.
- The foundation presented Thank a Nurse in partnership with Tenet Health and VITAS Healthcare.
- The Heart of Gold event was presented in partnership with The Law Offices of Craig Goldenfarb, Trustbridge, Christine E. Lynn and the E.M. Lynn Foundation, Academy for Nursing and Health Occupations, Lynda Harris Home Health RN and Palm Beach Atlantic University.

“Nurses are often the unsung heroes of our healthcare system. We are proud to partner with Palm Health Foundation to celebrate and honor our local nurses, who work tirelessly for the health of our community.”

– Craig Goldenfarb
Law Offices of Craig Goldenfarb, P.A.
Train the Brain

Train the Brain is changing the conversation around brain health by helping Palm Beach County residents understand that taking care of the brain is just as important as taking care of the body.

• During the campaign, the foundation held 45 free brain health events attended by 1,797 Palm Beach County residents.
• 837 residents took the brain health pledge and 300 attended the Train the Brain luncheon.
• Palm Health Foundation partnered with the Merrell Family Foundation, Calcagnini Center for Mindfulness at Jupiter Medical Center and Blue Ocean Capital to present the campaign and events.

“By partnering with Palm Health Foundation, the Merrell Family Foundation is able to deepen our community impact in the brain health space. We are proud of the change we are making together.”

– Jill Merrell, Merrell Family Foundation
Palm Health Foundation is leading a movement to advance brain health in Palm Beach County.

Palm Health Foundation’s Brain Health Advisory Council is a group of experts created to strengthen connections between brain health research, our community and the system of care in Palm Beach County. The council helps to inform our strategic direction for making Palm Beach County a recognized hub for advancing brain health.

Alina M. Alonso, MD  
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Florida Department of Health Palm Beach County  
Palm Health Foundation Board of Trustees

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$100,000+
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Health Champion
$25,000-$99,000
Children's Services Council of Palm Beach County
The Celia Lipton Farris and Victor W. Farris Foundation, Inc.
Florida Blue Foundation
Merrell Family Foundation, Inc.
Quantum Foundation
The B.J. and Paula Harris Fund at Palm Health Foundation
Southeast Florida Behavioral Health Network
Tenet Health
VITAS Healthcare

Leadership Circle
$10,000-$24,999
The Breakers Palm Beach
Calcagnini Center for Mindfulness at Jupiter Medical Center
Ms. Isabel Jackson
Palm Beach Country Club Foundation, Inc.
Mr. Louis Silber and Mrs. Ilene Solomon Silber

Partners in Health
$5,000-$9,999
Ms. Lisbeth R. Barron
CapTrust
Joe DiMaggio Children's Health Specialty Center - Wellington
Law Offices of Craig Goldenfarb, P.A.
The Edward and Lucille Kimmel Foundation, Inc.
E. M. Lynn Foundation
Mr. William Blair Meyer, Jr.
Trustbridge
United Way of Palm Beach County

Stewards
$2,500-$4,999
Academy for Nursing and Health Occupations
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Blue Ocean Capital
Wisehaupt Bray Asset Management at Hightower
The David & Sondra Mack Foundation
Community Foundation for Palm Beach & Martin Counties
Palm Beach Atlantic University

Circle of Care
$1,000-$2,499
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South Florida Science Center and Aquarium
Mr. and Mrs. David Wisehaupt
Mr. Bruce Zeidel
**Building a Culture of Health for Today and the Future of Palm Beach County**

**Palm Health Foundation Trustees 2019-2020**

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**Alina M. Alonso, MD**, is Director of the Florida Department of Health-Palm Beach County. She is Chair of the board and serves on the Executive and Governance/Nominating Committees.

**Ellen Andel** is the Executive Director of the Promise Fund of Florida. She is dedicated to serving and improving the lives of others including 8 years as Vice Mayor and Council Member of the Town of Juno Beach. She serves on the Philanthropy Committee.

**Denise Bober, MS**, is Senior Vice President-Human Resources at The Breakers Palm Beach, Inc., overseeing all aspects of human resources for 2,200 team members. She is incoming board chair and serves on the Executive, Community Investment and Governance/Nominating Committees.

**Mark Elhilow, CPA, PFS**, works in the practice of investment management, family office, estate planning and public accounting. He is co-founder and managing principal of Blue Ocean Capital. He serves on the Finance/Investment Committee.

**Marsha Fishbane, MD**, is a pediatrician retired from the Florida Department of Health-Palm Beach County, Community and School Health Divisions. She serves on the Executive and Community Investment Committees.

**Frances Fisher** has dedicated more than 20 years' service to the growth and betterment of the Palm Beach community. She has chaired and serves on numerous boards. She serves on the Philanthropy Committee.

**The late Barbara Jacobowitz, MS**, was the Keiser University Department Chair for Health Services Administration for the Keiser System. She was a member of the Executive and Governance/Nominating Committee.

**Barbara James, MBA**, leads the Bethesda Hospital Foundation. She has over 25 years’ experience in healthcare, social and children’s services, education, advocacy, behavioral health and faith community initiatives.

**Christine Koehn, PhD**, is Executive Director for Achieve Palm Beach County. Dr. Koehn has extensive experience in the grantmaking arena primarily in leadership roles. She serves on the Community Investment Committee.

**Daniel Lichtstein, MD**, is a Professor of Medicine and Regional Dean for Medical Education at the University of Miami Miller School of Medicine Regional Medical Campus in Palm Beach County. He serves on the Community Investment Committee.
Patrick J. McNamara, LCSW, is the foundation’s President and CEO. He has nearly 30 years of experience in the nonprofit health and human services sector. In 2018, he was named Nonprofit Executive of the Year by Nonprofits First.

Nathan E. “Nat” Nason, Esq, is a shareholder in the law firm of Nason, Yeager, Gerson, White & Lioce, PA. Nat serves on the Executive and the Finance/Investment Committees.

Greg Quattlebaum is Executive Director of Leadership Palm Beach County. He is Secretary of the board and serves on the Executive Committee and chairs the Community Investment Committee.

Ruth Schwarzkopf, RN, MHM, is Chief Nursing Officer at West Boca Medical Center and serves as the Florida Region Representative for the Tenet National Nurse Executive Council. She chairs the Governance/Nominating Committee and serves on the Executive Committee.

Joseph B. “Jay” Shearouse, III, is Chairman and CEO of First Bank of the Palm Beaches. He is the chair of the Audit Committee and serves on the Governance/Nominating and Philanthropy Committees.

Ilene Solomon Silber, MA, served as Executive Director of Communities in Schools. She helped The Education Commission create a comprehensive professional development system in early care and education. She serves on the Community Investment Committee.

Andrea Stephenson-Royster, MBA, MHS, is Executive Director of the Health Council of Southeast Florida, responsible for conducting regional health planning and implementation activities to improve access to healthcare. She serves on the Audit and Community Investment Committees.

Clarence Williams, JD, is retired from a 40-year career in law enforcement. He is a past president of the Palm Beach County Association of Chiefs of Police. He serves on the Community Investment Committee.

David Wisehaupt, AIF, CEPA, is Managing Director and Chief Investment Strategist at Wisehaupt, Bray Asset Management. He also serves as partner at HighTower with more than 35 years’ experience in providing investment advice. He is Vice Chair and Treasurer of the board and chairs the Finance/Investment Committee and serves on the Executive and Philanthropy Committees.
Building a Culture of Health
Through Strong Financial Management

PALM HEALTHCARE FOUNDATION, INC. AND SUBSIDIARY CONSOLIDATED STATEMENT OF ACTIVITIES
(For the Year Ended June 30, 2019)

<table>
<thead>
<tr>
<th>Functional Expense Breakdown Fiscal Year 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants/Program Services: 84%</td>
</tr>
<tr>
<td>Administrative Expenses: 7%</td>
</tr>
<tr>
<td>Fundraising Expenses: 9%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>FY 2019</th>
<th>FY 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Revenues, gains and support:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contributions, grants and pledges</td>
<td>1,861,589</td>
<td>429,054</td>
</tr>
<tr>
<td>Investment income, net of fees</td>
<td>1,048,641</td>
<td>1,063,801</td>
</tr>
<tr>
<td>Rental income</td>
<td>59,956</td>
<td>237,089</td>
</tr>
<tr>
<td>Trust income</td>
<td>253,736</td>
<td>333,949</td>
</tr>
<tr>
<td>Change in value of split-interest agreements</td>
<td>(70,144)</td>
<td>201,158</td>
</tr>
<tr>
<td>Net realized and change in unrealized gain (loss) on investments</td>
<td>3,474,073</td>
<td>5,228,148</td>
</tr>
<tr>
<td>Conference, event and other income</td>
<td>177,455</td>
<td>211,989</td>
</tr>
<tr>
<td><strong>Total revenues, gains and support</strong></td>
<td><strong>6,805,306</strong></td>
<td><strong>7,705,188</strong></td>
</tr>
<tr>
<td>Expenses:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants and program services</td>
<td>4,302,826</td>
<td>4,155,607</td>
</tr>
<tr>
<td>Support services:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>General and administrative</td>
<td>303,823</td>
<td>358,547</td>
</tr>
<tr>
<td>Fundraising</td>
<td>408,843</td>
<td>451,079</td>
</tr>
<tr>
<td><strong>Total expenses</strong></td>
<td><strong>5,015,492</strong></td>
<td><strong>4,965,233</strong></td>
</tr>
<tr>
<td>Change in net assets</td>
<td>1,789,814</td>
<td>2,739,955</td>
</tr>
<tr>
<td>Net assets, beginning of year</td>
<td>84,925,160</td>
<td>82,185,205</td>
</tr>
<tr>
<td><strong>Net assets, ending of year</strong></td>
<td><strong>86,714,974</strong></td>
<td><strong>84,925,160</strong></td>
</tr>
</tbody>
</table>
## CONSOLIDATED STATEMENT OF FINANCIAL POSITION  
(For the Year Ended June 30, 2019)

<table>
<thead>
<tr>
<th></th>
<th>FY 2019</th>
<th>FY 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current assets:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash and cash equivalents</td>
<td>1,987,491</td>
<td>1,526,330</td>
</tr>
<tr>
<td>Contributions receivable</td>
<td>7,500</td>
<td>19,812</td>
</tr>
<tr>
<td>Prepaid expenses and other assets</td>
<td>9,637</td>
<td>29,804</td>
</tr>
<tr>
<td><strong>Total current assets</strong></td>
<td>2,004,628</td>
<td>1,575,946</td>
</tr>
<tr>
<td>Investments</td>
<td>77,496,744</td>
<td>76,261,799</td>
</tr>
<tr>
<td>Split-interest agreements</td>
<td>2,716,545</td>
<td>2,156,974</td>
</tr>
<tr>
<td>Property and equipment, net</td>
<td>6,051,284</td>
<td>6,244,149</td>
</tr>
<tr>
<td><strong>Total assets</strong></td>
<td><strong>88,269,201</strong></td>
<td><strong>86,238,868</strong></td>
</tr>
<tr>
<td><strong>LIABILITIES AND NET ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current liabilities:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>240,272</td>
<td>253,856</td>
</tr>
<tr>
<td>Grants payable</td>
<td>1,279,200</td>
<td>1,059,852</td>
</tr>
<tr>
<td>Current portion of obligation under capital lease</td>
<td>2,008</td>
<td>0</td>
</tr>
<tr>
<td><strong>Total current liabilities</strong></td>
<td>1,521,480</td>
<td>1,313,708</td>
</tr>
<tr>
<td>Rent deposits</td>
<td>24,661</td>
<td></td>
</tr>
<tr>
<td>Obligation under capital lease</td>
<td>8,086</td>
<td></td>
</tr>
<tr>
<td><strong>Total Liabilities:</strong></td>
<td><strong>1,554,227</strong></td>
<td><strong>1,313,708</strong></td>
</tr>
<tr>
<td>Net assets:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Without donor restrictions:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Designated for 5205 Bldg-Reserves</td>
<td>320,468</td>
<td>350,382</td>
</tr>
<tr>
<td>Designated for endowment</td>
<td>57,717,909</td>
<td>57,065,005</td>
</tr>
<tr>
<td>Undesignated</td>
<td>5,360,089</td>
<td>5,987,438</td>
</tr>
<tr>
<td><strong>Total without donor restrictions</strong></td>
<td>63,398,466</td>
<td>63,393,825</td>
</tr>
<tr>
<td>With donor restrictions</td>
<td>23,316,508</td>
<td>21,531,335</td>
</tr>
<tr>
<td><strong>Total net assets</strong></td>
<td><strong>86,714,974</strong></td>
<td><strong>84,925,160</strong></td>
</tr>
<tr>
<td><strong>Total liabilities and net assets</strong></td>
<td><strong>88,269,201</strong></td>
<td><strong>86,238,868</strong></td>
</tr>
</tbody>
</table>
We Support Health Equity

Leading change for health equity means effectively removing barriers, engaging the voice of the community and working together to promote better health. Palm Health Foundation is here to support health equity for Palm Beach County residents of all backgrounds, heritage, education, incomes and states of wellbeing, now and for future generations.

Our Values

<table>
<thead>
<tr>
<th>Value</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Integrity</td>
<td>We work with transparency and respect for all people and ideas.</td>
</tr>
<tr>
<td>Equity</td>
<td>We believe that everyone should have a fair and just opportunity to be healthier.</td>
</tr>
<tr>
<td>Humility</td>
<td>We approach our work as servant leaders with dignity and reverence for others.</td>
</tr>
<tr>
<td>Courage</td>
<td>We embrace risk in the pursuit of new opportunities for better health.</td>
</tr>
<tr>
<td>Diversity</td>
<td>We honor the differences and experiences that make people unique.</td>
</tr>
<tr>
<td>Collaboration</td>
<td>We believe in the compounding effect of people working together toward a common goal.</td>
</tr>
<tr>
<td>Creativity</td>
<td>We support new ways to engage our community and innovate for better health.</td>
</tr>
<tr>
<td>Stewardship</td>
<td>We take responsibility for the prudent use of resources entrusted to us.</td>
</tr>
</tbody>
</table>
2019 Palm Health Foundation Staff