



May



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			10:00am Check-In 10:30am Men/Women Group 12:00pm Lunch 12:00pm Schizophrenia Alliance 1:30pm Walking Group 3:00pm Check Out Group	10:00am Check-In 10:30am Music Processing Group 12:00pm Coping with Anger 1:00pm Dr. Goodman 3:00pm Check Out Group	10:00am Check-In 10:30am Anxiety Group 12:00pm Dual Recovery 1:00pm Movie: Ghostbusters 3:00pm Check Out Group	
5	6	7	8	9	10	11
	10:00am Check-In 10:30am Mindfulness 12:00pm Mentor Mix 1:00pm Self-Care group 3:00pm Check Out Group	10:00am Check-In 10:30am Medication Management 12:00pm Mental Wellness 1:00pm Dr. Goodman 2:00pm Games 3:00pm Check Out Group	10:00am Check-In 10:30am Men/Women Group 12:00pm Lunch 12:00pm Schizophrenia Alliance 1:30pm Walking Group 3:00pm Check Out Group	10:00am Check-In 10:30am Music Processing Group 12:00pm Coping with Anger 1:00pm Dr. Goodman 3:00pm Check Out Group	10:00am Check-In 10:30am Anxiety Group 12:00pm Dual Recovery 1:00pm Movie: Liar Liar 3:00pm Check Out Group	
12	13	14	15	16	17	18
	10:00am Check-In 10:30am Mindfulness 12:00pm Mentor Mix 1:00pm Self Care group 3:00pm Check Out Group	10:00am Check-In 10:30am Medication Management 12:00pm Mental Wellness 1:00pm Dr. Goodman 2:00pm Games 3:00pm Check Out Group Field Trip	10:00am Check-In 10:30am Men/Women Group 12:00pm Lunch 12:00pm Schizophrenia Alliance 1:30pm Walking Group 3:00pm Check Out Group	10:00am Check-In 10:30am Music Processing Group 12:00pm Coping with Anger 1:00pm Dr. Goodman 3:00pm Check Out Group	10:00am Check-In 10:30am Anxiety Group 12:00pm Dual Recovery 1:00pm Movie: What's Eating Gilbert Grape 3:00pm Check Out Group	
19	20	21	22	23	24	25
	10:00am Check-In 10:30am Mindfulness 12:00pm Mentor Mix 1:00pm Self-Care group 3:00pm Check Out Group	10:00am Check-In 10:30am Medication Management 12:00pm Mental Wellness 1:00pm Dr. Goodman 2:00pm Games 3:00pm Check Out Group	10:00am Check-In 10:30am Men/Women Group 12:00pm Lunch 12:00pm Schizophrenia Alliance 1:30pm Walking Group 3:00pm Check Out Group	10:00am Check-In 10:30am Music Processing Group 12:00pm Coping with Anger 1:00pm Dr. Goodman 3:00pm Check Out Group	10:00am Check-In 10:30am Anxiety Group 12:00pm Dual Recovery 1:00pm Movie: The Blindside 3:00pm Check Out Group	
26	27	28	29	30	31	
	Memorial Day 	10:00am Check-In 10:30am Medication Management 12:00pm Mental Wellness 1:00pm Dr. Goodman 2:00pm Games 3:00pm Check Out Group	10:00am Check-In 10:30am Men/Women Group 12:00pm Lunch 12:00pm Schizophrenia Alliance 1:30pm Walking Group 3:00pm Check Out Group	10:00am Check-In 10:30am Music Processing Group 12:00pm Coping with Anger 1:00pm Dr. Goodman 3:00pm Check Out Group	10:00am Check-In ALL PEER PLACE MEETING 10:30am Anxiety Group 12:00pm Dual Recovery 1:00pm Movie: Beaches 3:00pm Check Out Group	

2019



It's Okay to Get Help!

Peer Place Community Support Center
 909 Fern Street
 West Palm Beach, FL 33401
 Phone: (561) 712-0584
 M-F 8:30am-4:00pm
www.mhapbc.org

Field Trip
5/14/2019

All Peer Place Meeting
5/31/2019

If you are looking for mental health resources, please call (561) 801-HELP(4357)