



# December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	1/8
 <b>Beginning of Hanukkah</b>	10:00am Check-In 10:30am Expressions 12:00pm Schizophrenia Alliance 1:00pm Health and Safety 3:15pm Check Out Group  It's My Life	10:00am Check-In 10:30am Medication Management 12:00pm Mental Wellness 1:00pm Dr. Goodman 2:00pm Games 3:15pm Check Out Group	10:00am Check-In 10:30am Men/Women Group 12:00pm Lunch 12:00pm Schizophrenia Alliance 1:30pm Alliance for Hope 3:15pm Check Out Group	10:00am Check-In 10:30am Music Processing Group 12:00am Coping with Anger 1:00pm Dr. Goodman 2:00pm Values Group 3:15pm Check Out Group	10:00am Check-In 11:00am Anxiety Support 12:00pm Schizophrenia Alliance 1:00 pm Life Skills 2:00pm Movie Time 3:30pm Check Out Group	9:00am Coffee & Conversation 10:00am Check-In 11:00am Peer Support  Closed at 1:00pm
9	10	11	12	13	14	15
 <b>End of Hanukkah</b>	10:00am Check-In 10:30am Expressions 12:00pm Schizophrenia Alliance 1:00pm Health and Safety 3:15pm Check Out Group  It's My Life	10:00am Check-In 10:30am Medication Management 12:00pm Mental Wellness 1:00pm Dr. Goodman 2:00pm Games 3:15pm Check Out Group	10:00am Check-In 10:30am Men/Women Group 12:00pm Lunch 12:00pm Schizophrenia Alliance 1:30pm Alliance for Hope 3:15pm Check Out Group	10:00am Check-In 10:30am Music Processing Group 12:00am Coping with Anger 1:00pm Dr. Goodman 2:00pm Values Group 3:15pm Check Out Group	10:00am Check-In 11:00am Anxiety Support 12:00pm Schizophrenia Alliance 1:00 pm Life Skills 2:00pm Values Group 3:30pm Check Out Group	9:00am Coffee & Conversation 10:00am Check-In 11:00am Peer Support  Closed at 1:00pm
16	17	18	19	20	21	22
 <b>HOLIDAY PARTY 11am</b> 	10:00am Check-In 10:30am Self-Esteem 12:00pm Schizophrenia Alliance 1:00pm Personal Responsibility 3:15pm Check Out Group  It's My Life	10:00am Check-In 10:30am Medication Management 12:00pm Mental Wellness 1:00pm Dr. Goodman 2:00pm Games 3:15pm Check Out Group	10:00am Check-In 10:30am Men/Women Group 12:00pm Lunch 12:00pm Schizophrenia Alliance 1:30pm Alliance for Hope 3:15pm Check Out Group	10:00am Check-In 10:30am Music Processing Group 12:00am Coping with Anger 1:00pm Dr. Goodman 2:00pm Values Group 3:15pm Check Out Group	10:00am Check-In <b>HOLIDAY PARTY 11am</b> 	9:00am Coffee & Conversation 10:00am Check-In 11:00am Peer Support  Closed at 1:00pm
23	24	25	26	27	28	29
 <b>Christmas Eve</b>	 <b>Christmas Eve</b>	 <b>Christmas Day</b>	 <b>Christmas Day</b>	 <b>Christmas Day</b>	 <b>Christmas Day</b>	 <b>Christmas Day</b>
30	31	<b>Peer Place will still be closed this week, if you need help please call 561-801-4357</b>				
 <b>New Years Eve</b>	 <b>New Years Eve</b>	 <b>New Years Eve</b>	 <b>New Years Eve</b>	 <b>New Years Eve</b>	 <b>New Years Eve</b>	 <b>New Years Eve</b>

# 2018



**MHA**  
Mental Health Association  
of Palm Beach County, Inc.  
**It's Okay to Get Help!**

**WE HAVE MOVED!**  
Come check out our new location!

**Peer Place Community Support Center**  
909 Fern Street  
West Palm Beach, FL 33401  
Phone: (561) 712-0584  
Monday-Friday 9am-4:30pm  
Saturday 9am-1pm

**It's Okay to Get Help!**

If you are looking for mental health resources, please call (561) 801-HELP(4357)

1-on-1 Peer Support WHAM & WRAP Offered upon request  
**Peer Place will be closed 12/23/18-1/7/19**