

## LPBC – Class of 2010 Project Summary & Overview

### **Commit 2B Fit®**

**Community Partner: Commit 2B Fit®**

**Issue:** With decreased physical activity and nutritional education in the schools, childhood obesity and related illnesses have increased.

**Project Goal:** Develop a multi-layered (home/school/community) model to complement the Commit 2B Fit® in-school program.

**Activities:** (1) Identify a community and work with leaders to define project steps. (2) Develop the implementation model. (3) Establish partnerships with organizations, chambers, schools and businesses. (4) Create/promote one annual event or activity. (6) Monitor and evaluate implementation plan.

**Project Outcomes:** (1) Boynton Beach - the pilot city. (2) The Weiss School in PB Gardens - a Commit 2B Fit® School; FPL and Bethesda Memorial Hospital - sponsors. (3) City employees and Rec. and Parks program became involved; program is also in the city's after-care program. (4) Promotion - via utility bill inserts and city employee newsletters. (5) Commit 2B Fit® Wellness Walk planned for May 8, 2010, sponsored by The Home Depot and local businesses.

**How can you help?** Contact Elly Zanin, program co-creator, at 561.347.0576, [info@icommit2bfit.com](mailto:info@icommit2bfit.com) or [www.icommit2bfit.org](http://www.icommit2bfit.org).

### **Class Project: Feeding Families Pays**

**Community Partner: Florida Department of Children and Families (DCF)**

**Issue:** Insufficient public awareness of Palm Beach County's food stamp program. Fewer than half of those who are currently eligible for food stamps are receiving them.

**Goal:** (1) Increase access to and awareness of DCF's Supplemental Nutrition Assistance Program (SNAP) and (2) get more qualified applicants *to* and *through* the county's food stamp process.

**Activities:** (1) a *White Paper* to identify and advise DCF of potential issues in the current SNAP process; best practices for future consideration; and, suggestions for areas of improvement. (2) A short video on SNAP's eligibility criteria and how to apply to be used in targeted zip codes with high poverty and low food stamp participation or by established or potential community partners.

**How can you help?** For info, visit [www.myflorida.com/accessflorida](http://www.myflorida.com/accessflorida).

## **Class Project: Impact Coffee**

### **Community Partner: Urban Youth Impact**

**Issue:** Youth need to be taught entrepreneurial skills including finance, marketing and operations of selling a product start to finish.

**Goal:** To create a business plan for a new entrepreneurial initiative that will teach all the necessary elements for students of the Urban Youth Impact Leadership Training Initiative.

**Activities:** (1) identify various components of the initiative. (2) Recognize the elements that mirrored personal strengths and business experience of the participants and divide the plan accordingly. Each member has been responsible for completing a portion of the deliverable which will be compiled in order to complete the final work product. (3) Conduct a focus group of potential student participants to get an accurate temperature reading and to make it a successful, profiting business.

**Outcome:** A framework for the first 12-18 months will be created along with the agency's new executive director who is scheduled to be in place the week of May 3.

**How can you help?** Contact Robert Craven at (877) 722-5365, ext 700 or [emailrobert@scalepassion.com](mailto:emailrobert@scalepassion.com)

## **Class Project: Leadership through Outdoor and Environmental Education Resource Manual and "Program in a Box"**

### **Community Partner: Girl Scouts of Southeast Florida (GSSEF)**

**Issue:** GSSEF needed assistance in getting its new initiative "Leadership through Outdoor and Environmental Education" off the ground through both community assistance and hands-on education/training for its troops.

**Goal:** (1) Create a book of local contacts willing to provide educational programming to GSSEF. (2) Create a "Program in a Box" for the 4-5 GSEEF curriculum, "It's Your Planet, Love It," for girls to discover, connect, and protect the environment.

**Activities:** Creation of (1) A Resource Manual of agencies/companies throughout Palm Beach County with programs to teach about the environment to be used by GSSEF staff —in printed and electronic formats (to limit the environmental impact). (2) An interactive "Program in a Box" called Green-It-Up! to support the GSSEF environmental curriculum "It's Your Planet, Love It." Girl Scouts who complete it will earn a badge created/ designed by the LPBC team.

**How can you help?** Contact Emily Zarzycki at [ezarzycki@gseef.org](mailto:ezarzycki@gseef.org) or (561) 427-0183.