Life cycle Lessons

An at home, do-it yourself family activity for Ages 7-12 (can be modified for younger or older children).

Provided by Gumbo Limbo education staff.

Purpose: Children will be able to identify that there are life cycles for organisms, and they are distinguished based on phases.

Define life cycle: the series of changes in the life of an organism.

Activity:

- Online Story Time Book #1 (Ages 3-5): The Very Hungry Caterpillar – by Eric Carle
  
  https://www.youtube.com/watch?v=c8RBVbwMd4

- Book #2 (Ages 6 and up) Growing Frogs – Vivian French, Illustrated by Alison Bartlett
  
  https://www.youtube.com/watch?v=-yZsabslwS8

Activity:

- Watch the life cycle stages of a monarch butterfly and a wood frog. Can you name all of the stages of its life cycle? Butterfly Life Cycle  Wood Frog Life Cycle

- Pick an animal and complete the life cycle activity: shark, octopus, sea star, crab, what will you choose?

  Worksheet link titled: Pick a Life cycle

- Create your own life cycle booklet about plants.

  Worksheet link titled: Life cycle of a plant