Edible Life Cycle!

An at home, fun life cycle themed, craft activity for Ages 3-12 (can be modified for younger or older children). Provided by Gumbo Limbo education staff.

*Parental Supervision/Assistance may be needed*

1. Gather your materials: You will need a paper plate, crayons, and snacks (mini marshmallows, gummy worms, grapes, butterfly crackers).

2. To create the base of your life cycle, have your child take the plate and draw 2 lines to split the plate into 4 sections.

3. Label each section with 1 title, starting at the upper left section: eggs, caterpillar, pupa, butterfly.

4. Have your child take the crayons and create leaves, sticks, and other habitat illustrations on the plate in each section.

5. Take about 4 mini marshmallows and place them in the section “eggs”. Substitutions for marshmallows can include Tic-Tacs or M&Ms.

6. Take 1 or 2 gummy worms and place them in the section “caterpillar”. Substitutions for gummy worms can include cheese puffs or Twizzlers.

7. Take 1 or 2 grapes and place them in the section “pupa”. Substitutions for grapes can include Tootsie Rolls or ¼ pieces of cheese sticks.

8. Take 1 or 2 butterfly crackers and place them in the section “butterfly”. Substitutions for crackers can pretzels or mandarin orange slices.

9. Your child now has an edible butterfly life cycle craft!