

NO NAME-CALLING WEEK IS JANUARY 20-24, 2020



JOIN US AS WE CELEBRATE KINDNESS

Spread Unity in the Community! Simple Ways to participate

Speak out against injustice and put kindness into action. Is someone being harassed or bullied in your school? Are they experiencing abuse because of their religion, sexuality, race, or gender expression? Rally your peers and teachers to protect classmates experiencing bullying. Let students know that you care enough about their safety and well-being to act.

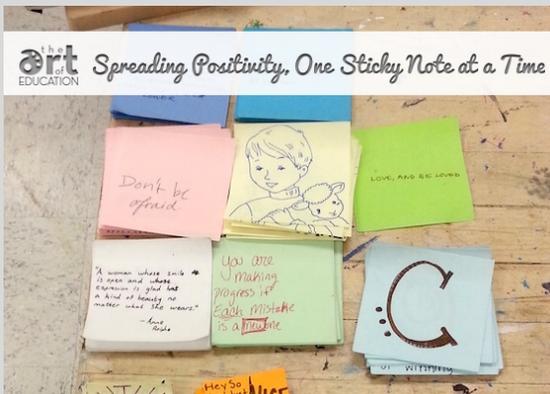
JAN. 24 – STOMP OUT “NAME-CALLING” DAY

Ask students to bring old shoes and hang from the ceiling through-out school



Posters: Print/post the [Post Something Kind posters](#) around your school. Remember to get permission from the appropriate teachers and administrators before you post them!

Guerilla Art Projects:



Spreading Positivity, one Sticky Note at a Time

Spread positivity throughout your school. Give everyone in your club/or class who wants to participate sticky notes to fill with drawings, positive messages, quotes, compliments, or messages of inspiration. Cover the school with messages on lockers, doors, walls and windows, and then hand them out to people face-to-face.

Or Create a Sticky Note Mural

A mural can be done by dividing sticky notes by color, or it can be done with value changes and drawings. A little bit of planning can go a long way in creating a really cool sticky note mural—filled with positive messages.



Write an article for the school newspaper. Encourage your students to cover **No Name-Calling Week** in your school publications and local newspapers. Students can also work together to create a classroom newspaper or magazine all about name-calling and bullying.

Create a library display. Ask your school librarian to create an eye-catching display of books that deal with name-calling and bullying. See our list of books and other media here.

Art Activities Use art as way to promote and highlight ways to put kindness in action, in real life and in real time.



Kind Hands

Invite student to participate in this hand activity where they each had to write an act of kindness or kind idea on their paper hand. Display in the hallway near the cafeteria in order to raise awareness and serve as a reminder to show kindness to one another every day, not just during No Name-Calling Week.



“We All Fit in” Puzzle

Each student receives a blank puzzle piece which they will decorate with and design. After the students have completed their puzzle pieces they work together to put the puzzle together and hang on display. Puzzle can be as large as you wish.

Put your artistic talents to work and make a piece to enter in the [Creative Expression Exhibit](#).

Examples:

No Name-Calling posters school-wide.

Bulletin board display with kindness quotes on friendship.

Create posters with ties on them; colored in ties with “We are all tied together”

“No Name-Calling” banner in gym or No Name-Calling murals.

Students design their own No Name calling stickers.

Door decoration contest

Posters in different languages about negative effects of name-calling

Kindness chain in which each student writes a “Kind Deed” upon the link

Other Suggestions

- Daily photos of real kids on in-school TV with discussion questions.
- Daily announcements-Student council read peaceful messages and motivational thoughts.
- Morning Announcements stressing the importance of kindness and positive problem solving.
- Thought of the day or daily Words of Wisdom announcements created by students
- Morning News Commercials.
- Information center displayed in the cafe during lunch providing facts about name-calling
- Word of the day that deals with bullying/name-calling.
- Student council read a prepared statement on the intercom to inform everyone about the week.

Source:

