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The date was chosen to honor the [United Nations General Assembly](#)'s adoption on 10 December 1948 of the [Universal Declaration of Human Rights](#) (UDHR) the first global statement of international human rights principles. Here are some ideas for simple yet meaningful ways to celebrate the rights and responsibilities that we all share as human beings.



**Make a Helping Hands Wreath** to symbolize the responsibility we all have to help each other. Trace hands on different color construction paper. Cut out the hand shapes and glue or staple them on a paper plate to make a wreath.

**Same and Different.** Show students a photo and have them point out what they see in the picture that is the same in their lives and what is different.

**Exercise your right to freedom of expression!** Kids draw pictures together of the rights and freedoms that are important to them. You can make your own "Human Rights Tapestry" by drawing on index cards and using a hole punch to make holes in each corner. Use yarn to tie together the cards to make a tapestry. You can also **make posters or collages.**



**Learn about the Universal Declaration of Human Rights.**

Check out the [UDHR plain language version](#) or [Amnesty International](#). The book [We Are All Born Free](#) (15 of the illustrated pages of the book can be found on [The Guardian's website](#) if you want to look at them online or print them out). You can also **watch a short video together** and talk about it with your students. Students will love this animated [video version of the UDHR](#) even when they don't understand what all the words mean. For a more historical view, check out [The Story of Human Rights](#).

Adapted from [humanrightswarrior.com](http://humanrightswarrior.com)