

What Families Can Do



**CHOOSE
PEACE**
**STOP
VIOLENCE**

YOUTH VIOLENCE and victimization have become a growing concern for our entire community. Whether it is bullying, cyber-bullying, gang activity, date rape, sexual assault, or youth crime and juvenile delinquency, it is affecting our youngest and most vulnerable citizens.

- ◆ Act as role models, settle conflicts nonviolently.
- ◆ Take an active role in children's schools; talk regularly with teachers and volunteers.
- ◆ Maintain two-way communication with children; talk with them about violence they may have witnessed.
- ◆ Do not keep firearms or keep them safely stored and locked up with ammunition stored separately.
- ◆ Initiate or participate in community or school violence prevention groups.
- ◆ Monitor/supervise children's use of the internet, television, reading materials, movies, music, and video games.
- ◆ Seek out support groups to improve parenting skills and manage anger, if needed.



Your Choice, Your Actions, Your Life

This formation was excerpted from the American Medical Association's "Connecting the Dots to Prevent Youth violence: A Training and Outreach Guide for Physicians and Other Health Professionals", federally funded by the U.S. Department of Health and Human Services.

- ◆ Establish and enforce household rules and reward positive behavior.
- ◆ Demand involvement in violence prevention programs initiated by schools and communities and in disciplinary actions imposed on their own children.
- ◆ Supervise the activities of children; know their schedule and their friends.
- ◆ Urge children to participate in organized after-school activities provided by responsible groups.
- ◆ Practice zero tolerance for bullying and cyber-bullying.
- ◆ Encourage community service.

Action Steps for Parents

- ◆ Teach your child to respect themselves and others.
- ◆ Clearly state that violence is not acceptable.
- ◆ Assist your child in finding nonviolent strategies for anger management and conflict resolution.
- ◆ Present yourself as a model of nonviolent behavior.
- ◆ Seek help from school counselors for bullying and aggressive behavior.

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is a community movement of concerned Broward County residents and agencies dedicated to creating safe, healthy and thriving environments for our children and families.

*For more information:
www.choosepeacestopviolence.org
or call 954-760-7007 ext 142*



Pride in Service with Integrity

