

CHILDREN'S SERVICES COUNCIL OF PALM BEACH COUNTY
COUNCIL MEETING
Thursday, August 6, 2015, 5:00 p.m.

MINUTES

1. Call to Order

Chair Langowski called the meeting to order at 5:04 p.m.

Present:

Thomas Bean

Vince Goodman

Greg Langowski

Thomas E. Lynch

Dennis Miles

Debra Robinson, M.D.

Shelley Vana

Thomas P. Weber

Excused: Robert M. Avossa, Ed.D.; Kathleen Kroll

A. Invocation – led by Vince Goodman

B. Pledge of Allegiance – led by Chair Langowski

C. Presentations

1. Prenatal Plus: Nursing, Mental Health and Nutrition – Michelle Abarca, Program Officer; representatives from i) Florida Health, Palm Beach County; ii) Nutritious Lifestyles, Inc; and iii) Center for Family Services of Palm Beach County, Inc.

Michelle Abarca, Program Officer stated that Prenatal Plus had been funded by CSC since 2013 and is a care coordination program designed to prevent poor birth outcomes. She stated that it addressed:

- Behavioral risk factors
- Nutritional risk factors
- Psycho-social risk factors.

Ms. Abarca stated that there was a team of professionals addressing the above issues with the expectant mothers; the team is comprised of the nurse providing care coordination, a mental health counselor, and a licensed dietician. She stated that they worked together in a client-centered way in order to achieve the best possible birth outcomes.

Ms. Abarca stated that since June, 2013 the program had served 279 clients with very good results. C.J. Byrne, RN, Palm Beach County Health Department stated that she was the care coordinator nurse. She stated that the scoring on the screen was conducted by Healthy Mothers Healthy Babies, and if it was 6 and above the pregnant mothers were referred to her. She stated that the screen was now available in English, Spanish and Creole. She stated

that only women pregnant 28 weeks or less were accepted into the Prenatal Plus program. She stated that she conducted the first assessment of the client which included a nursing assessment and a family assessment. She stated that the clients were then referred to the mental health counselor and dietician. She stated that oftentimes the client could only be seen at night times so they had a flexible schedule enabling the client to attend. She stated that they usually performed one case conference, and a minimum of 10 face to face visits. She stated that they used "Partners for a Healthy Baby" for curriculum which addressed both social and emotional factors as a client went through their pregnancy.

Jennifer Boutin, RD, LDN, Nutritious Lifestyles, stated that as a registered dietician her client assessment comprised of finding out how much a client knew about nutrition and food safety. She stated that she evaluated whether the client was eating enough and drinking enough, what type of foods she was eating, and where she got her nutritional information. She stated that she also collected information on the mother's past and current medical history because most medications have side effects that mirrored pregnancy (nausea, vomiting), and other medications had side effects like anorexia and low appetite. She stated that, depending on the risk score of the mother, she would usually have a maximum of six face-to-face visits with them regarding their nutrition. She stated that she also worked on determining where the mother's support would be coming from in terms of breastfeeding, because breastfeeding was integral in a baby's development. She stated that if a client had poor support in this area it may deter her from breastfeeding.

Melissa Schank, LMHC, Center for Family Services stated that once the nurse received the referral and had talked to the client to confirm the client's interest in the Prenatal Plus program, the nurse then contacted the nutritionist and mental health counselor. She stated that upon receiving the nurse's referral, she went to the home to conduct a client assessment. She stated that the Center for Family Services used an evidence-based tool entitled "The Partners for Change Outcome and System". She stated that the tool was supported by five random clinical trials, and was utilized at the beginning of every session where the client filled it out. She stated that it was a survey and addressed:

- General sense of personal well-being
- Interpersonal relationships
- Social life
- Overall sense of well-being and how they felt.

Ms. Schank stated that at the end of each session the client would rate each session and would divulge how the alliance was between counselor/client and whether they wanted the counselor to do something differently. She showed a graph showing treatment response and stated that the client had rated the sessions very highly.

Client "Margaret" was introduced, Ms. Schank stated that Margaret had joined the program at 12 weeks pregnant and had recently lost her job and did not have health insurance. She stated that the client's mother had also recently had a heart attack so there was more stress in the home. She stated that there had also been domestic violence issues with the father of the baby. She stated that the client had also been taking anti-depressants. She stated that

the client had worked with Healthy Mothers Healthy Babies to navigate the new Medicare system. She stated that the client had utilized dental services including cleanings and fillings. She stated that they had also provided referrals to WIC for food stamps. She stated that the client also received parenting education including various videos such as "Back to Sleep". She stated that the client had attended childbirth classes. She stated that breastfeeding education and support had been important to the client.

Ms. Schank stated that baby Evelyn was born to Margaret at 41 weeks, 7lbs 2oz, and was exclusively breastfed. Margaret stated that she was 34 and lived with her mother. She stated that she had been unemployed, had got pregnant, and her mother had a heart attack. She stated that the father of the baby had assaulted her when she was 6 weeks pregnant. She stated that she had ended the relationship, and had sought out available programs to help with pregnancy and medical care. She had taken a voluntary prenatal risk screen through Healthy Mothers Healthy Babies, and had been connected to the Prenatal Plus team. She stated that she was very thankful to her nurse and counselors. She stated that she had attended both childbirth and infant care classes offered by Healthy Mothers Healthy Babies and that the classes had been free and easy to find.

Margaret stated that she had delivered her daughter in March at Jupiter Medical Center, and while in hospital had been visited by someone from CSC. At that time she enrolled to continue in the program and stated that she had been very lucky to continue with the same nurse and therapist. She stated that it was sometimes difficult to create new relationships, so it had been such a relief to continue with the same people she already had a rapport with. She stated that her nurse had advised her of an available child care program and she intended to use that and enroll in school to become an ultrasound technician. She stated that she believed that her daughter was healthy and happy because of the help she had received. She stated that she felt educated and empowered to raise her daughter to the best of her ability. She stated that the continued support of the programs in which she had partaken had been extremely invaluable, and she was extremely thankful that she had been able to participate. She thanked the Council.

Vince Goodman asked what percentage of the clientele breastfed their newborns. He asked what the advantages and disadvantages were of breastfeeding. Ms. Byrne stated that she was not sure of the statistics but in some cases it depended on the culture. She stated that she worked in areas where there were many moms who couldn't understand why someone wouldn't want to breastfeed, and in other areas she had clients whose own mothers did not breastfeed but they would like to try, but it was challenging for them because they didn't have the handed down experience and knowledge from their mothers. She stated that there were no disadvantages of breastfeeding because it was perfect for the baby, it was free, and it was made for the infant. Lisa Williams-Taylor, Ph.D. stated that it had long-term health benefits. She stated that staff can bring more information to the Council in this regard. Ms. Schank stated that the United States had the lowest breastfeeding rate worldwide, which was bad. Ms. Byrne stated that the effects of breastfeeding could be noted in lesser instances of allergies and doctor visits for the child. She stated that they did

not push the mothers into breastfeeding, but they provided all the information so that the mothers could make an educated choice.

Dennis Miles asked how long the program continued after the birth of the child. Ms. Byrne stated that it was for 8 weeks after the birth. Mr. Miles asked whether the client transitioned into another program. Ms. Byrne stated that it depended on the client, sometimes they didn't need it, and sometimes the newborn risk screen would automatically score them into a program.

2. Minutes

A. June 25, 2015 Council Meeting

A motion by Weber/Miles to approve the Minutes of the June 25, 2015 Council meeting as presented was approved by unanimous vote.

3. Individual Appearances – Agenda Items – N/A

4. Council Committees:

Program Review Committee

Vice Chair Weber stated that the Program Review Committee approved the PRC Consent Agenda, the non-consent agenda item, (the walk-in allocations warrants list), and Resolution #15-029.

A (revised) motion by Lynch/Goodman to approve the PRC agenda in its entirety, including the walk-in allocations warrants list, Resolution #15-029 and the non-consent agenda item was approved by unanimous vote.

Finance Committee

Tom Lynch stated that the Finance Committee had met prior to the PRC meeting that day and recommended approval of the June 30, 2015 Financial Statements. He stated that investment advisor Davidson recommended that CSC change its banks to First Community for public funds and Regions Bank for custody, while still maintaining the accounts with Wells Fargo. He stated that the Finance Committee recommended a budget revision to transfer \$330,000 to Prevention Partnerships for Children, Inc. to reimburse the School District for the Strong Minds program.

A motion by Goodman/Bean to approve the Finance Committee report and Financial Statements ending June 30, 2015 was approved by unanimous vote.

5. Business/Consent Agenda

A. Consent Agenda Management

1. Additions, Deletions, Substitutions

Substitution: Chair Langowski stated that Agenda Item 5G(3) (Reference #5) had been revised by adding verbiage to the third paragraph.

2. Items to be Pulled for Discussion – Agenda Item 5G(3) (Reference #5) was pulled for discussion purposes.

3. Adoption of the Consent Agenda and Walk-in Warrants List

A (revised) motion by Lynch/Weber to approve the Consent Agenda, with the exception of Agenda Item 5G(3), and approve the Walk-in Warrants list was approved by unanimous vote.

B. CSC Funded Programs – Current – N/A

C. CSC Funded Programs – Future – N/A

D. Planning & Development – N/A

E. Personnel – N/A

F. Financial

1. Warrants List – Approved by Consent

G. Administration

1. Resolution #15-024 Authorizing 2015-2016 Media Expenditures in Excess of Annual Cumulative Total of \$100,000 - Approved by Consent

2. Resolution #15-025 Authorizing Fall 2015 Strong Minds Reading Campaign Book Purchase – Approved by Consent

3. Resolution #15-026 Authorizing Photovoltaic System Installation (Revised)

Tom Lynch asked whether the company that installed the Photovoltaic system would guarantee that it met the wind velocity codes and all other necessary codes in Palm Beach County. Mike Modica, Head of Facilities stated that the company would guarantee it; the attachment points were all Miami-Dade approved and that it would work for the City of Boynton Beach also. Mr. Lynch reaffirmed that in order to get the grant from Florida Power and Light (FPL) it had to be in place by October 5, 2015, and asked whether it could be done. Mr. Modica confirmed that it

could be done. Mr. Lynch asked how many years it would take to achieve cost recovery. Robert Kurimski, Chief Technology Officer stated that with the subsidy of the FPL rebate they conservatively estimated 7.2 years for cost recovery, although they were expecting it to be less. Mr. Lynch asked for the figure of the total electric bill per month. Mr. Modica stated that, depending on the season, it was \$12,000 to \$15,000 per month, and the Photovoltaic system would reduce this by approximately \$6,000 per year. Mr. Lynch asked whether it was because they were only planning to use 20% of the roof. Mr. Modica stated that the electric bill would be offset by approximately \$40,000 per year if the entire roof was utilized. Mr. Lynch asked the life expectancy on the panels. Mr. Modica stated that it was 25 years. Mr. Lynch asked if there was a warranty for 25 years. Mr. Modica stated that there was a 25 year warranty. Mr. Kurimski clarified that the 25 year warranty was for both the panels and the inverter, and it gave CSC a significant amount of time after breaking even from the investment to make additional savings. He stated that it was also expandable, and the system was scalable. He stated that it made sense to start off at the proposed level, based on the subsidy. Mr. Lynch reconfirmed that \$92,000 included everything including installation, Mr. Modica stated that it was turnkey.

Chair Langowski stated that the subsidy outlined an "anticipated" reimbursement of \$49,360 and asked whether this would go up or down. Mr. Modica stated that it was anticipated only if it was completed in the prescribed timeframe. Mr. Lynch asked whether the contract with Sun-Tec Solar Energy guaranteed that he would install it in time to be eligible for the rebate. Mr. Modica stated that it was not guaranteed. Mr. Lynch asked Mr. Sheehan whether a clause could be added outlining that if the vendor did not make the timeframe, the vendor would reimburse CSC part of the lost rebate. Tom Sheehan, General Counsel, stated that the contract called for completion within the timeframe and the vendor was not willing to take on a penalty outside of that. He stated that this was the only contractor able to do the work within the timeframe. Mr. Kurimski stated that the contractor had done over 1,500 installations in Florida alone. Mr. Modica stated that upon negotiations, the contractor had divulged that all the materials were readily available and commonly used, hence there were no delays anticipated barring weather and force majeure. Mr. Lynch asked whether they were comfortable that the City of Boynton Beach would approve the permit in a timely manner. Mr. Modica stated that it was a straightforward permit and that it was really more for the roof. He stated that he had emailed the City of Boynton Beach preliminary information to gauge their potential assent, and they would be conducting a walk through with the City of Boynton Beach on the following Monday, subject to Council approval of the item. Mr. Lynch suggested the help of Mayor Vana should they run into any trouble in securing the approval.

A motion by Lynch/Goodman to approve Resolution #15-026 authorizing the Chief Executive Officer to waive CSC's procurement policies and enter into an agreement with Sun-Tec Solar Energy for the installation of a photovoltaic solar array system in an amount not to exceed \$89,900 effective August 6, 2015 was approved by majority vote. Council Member Bean abstained from voting.

Tom Sheehan noted for the record that Mr. Bean had abstained from the vote as a precautionary measure because he was employed by Florida Power and Light (FPL) and his abstention was not due to a conflict of interest.

6. Business/Non Consent Items

1. CSC Meeting Redesign: Combining Program Review Committee with the Council Meeting

Tom Sheehan stated that the Program Review Committee (PRC) meeting had evolved over time and had initially been designed to deal with problem agencies. He stated that PRC now dealt with any type of program issue and would now be appropriate for participation from the whole Council. He stated that staff recommended that the PRC meeting be eliminated, and those agenda items that would normally go to PRC would come to the Council meeting instead, and staff recommended approval of the revised agenda format as outlined in Exhibit "A". He stated that the Consent Agenda would be broken down into Program and Business, with the Non-Consent Agenda encompassing Business and Informational items. He stated that staff recommended adopting the new agenda format beginning October 1, 2015 to align with the new fiscal year, and recommended a 4:30 p.m. start time. He stated that the starting date and time of the meeting were at the pleasure of the Council.

Chair Langowski called for comments regarding eliminating the PRC meeting and combining it with the Council meeting. There were no comments.

A motion by Vana/Bean to eliminate the PRC meeting and combine it with the Council meeting, with items formerly brought to PRC be brought to the Council meeting instead was approved by unanimous vote.

Chair Langowski asked whether 4:30 p.m. would be an appropriate start time. Council members concurred.

A motion by Lynch/Goodman to begin the Council meeting at 4:30 p.m. to be effective October 1, 2015 was approved by unanimous vote.

Tom Sheehan asked for approval of the order of business as set forth in Exhibit "A".

A motion by Vana/Goodman to authorize Exhibit "A" as the order of business for the Council meeting effective October 1, 2015 was approved by unanimous vote.

7. Walk-In Items – N/A

8. Chief Executive Officer's Report

1. Planning Session Follow-Up

Lisa Williams-Taylor, Ph.D. stated that the CEO Report contained a follow up from the Planning Session regarding a request for CSC to investigate the viability of a universal home visiting program. She stated that the CEO Report contained all the details, and they had looked historically at a former CSC program similar to universal home visiting, and had looked at cost estimates. She stated that the program had been eliminated in the past due to the high cost and the take-up rate, including the fact that CSC had previously been actively trying to engage folks who did not score highly on the risk screen and did not need the program. She stated that the estimated cost to conduct a similar program at this time was \$6.5 million; in addition, there were currently hospital liaisons who were already reaching 98% of every birth in Palm Beach County, and it was determined that it would not be cost effective to move in that direction. She stated that they would always keep an eye on the national models in the event that one of the models came in at a cheaper operational rate.

Tom Lynch asked what the remaining 2% of births represented (that were not reached by the hospital liaisons), and asked if they were at-home births. Michelle Gross, Director of System Performance stated that she suspected this was the case.

2. Foster Children's Program Update

Dr. Williams-Taylor stated that the Foster Children's Program had been in effect since 1991 and served children aged birth to age 12 in licensed custody of the State of Florida due to abandonment, abuse and neglect. She stated that the program served approximately 480 children and helped achieve permanent placement for those children as quickly as possible. She stated that a quasi-experimental, rigorous, evaluation design was conducted on this program some time previously, and the evaluation had been published. She stated that the program was well on its way to becoming an evidence-based program. She stated that they had reviewed the program again recently in comparison to the scorecard from the State of Florida, and when compared against the State rates (those not in the program vs. those that were), the permanency achieved within 12 months was achieved at a significantly higher rate for those children in the program. She stated that they would continue to monitor the program and were hopeful that such a successful program could be replicated nationally.

3. Father Involvement in Early Childhood Development: A Brief Report from the Palm Beach County Family Study

Dr. Williams-Taylor stated that CSC Research and Evaluation Officer, Laura Fleischman, Ph.D., had co-authored a report published nationally by Chapin Hall.

4. Legislative Session Update

Dr. Williams-Taylor stated that the CEO Report contained a legislative session update.

5. Communications Update

Dr. Williams-Taylor stated that the CEO Report contained an update from the Communications division.

9. Legal Reports

1. Prevention Partnerships for Children, Inc. Special Board Meeting – directly following adjournment of Council Meeting
Tom Sheehan, General Counsel stated that there would be a Prevention Partnerships for Children, Inc. Special Board Meeting directly following the Council meeting that evening.

2. September Dates Confirmed for CSC Business Meetings and TRIM Hearings

Mr. Sheehan stated that the following dates had been confirmed for September's meetings. He stated that a list of Council members making up the quorum for each date had been distributed at each Council member's place. He emphasized the importance of having a quorum for each date, in order for CSC to receive its tax revenues.

- Thursday, September 10th – Council Meeting (currently estimated) 5:30 p.m., **TRIM – 6:00 p.m.**
- Thursday, September 24th – Program Review Committee (currently estimated) 5:00 p.m., Council Meeting (currently estimated) 5:30 p.m., Prevention Partnerships for Children, Inc. Board Meeting (time: upon conclusion of Council meeting), **TRIM – 6:00 p.m.**

10. Individual Appearances – Non-Agenda Items – N/A

11. Council Comments – N/A

12. Adjournment

The meeting was adjourned at 5:41 p.m.

Vincent Goodman, Secretary

Lisa Williams-Taylor, Ph.D., Chief Executive Officer