

**2018 CALIFORNIA STATE GAMES
SYNCHRONIZED SWIMMING SCHEDULE
July 14, 2018**

All Routines will begin with the youngest aged athlete

Saturday, July 14th

6:30	Sound and Scoring set up
7:00	Gates open
7:30	Coaches meeting at sound center
8:00	Lap swimming
8:15 - 8:30	Age Group Solo warm-up (14)
8:40 - 9:15	Age Group SOLO swim
9:15 - 9:30	Novice/Masters Solo warm up (9, 5)
9:40 - 10:15	Novice / Masters SOLO swim
10:15 - 10:30	All Trios warm up (9)
10:40 - 11:30	Masters, Novice, Age Group TRIOS swim
11:30 - 12:00	LUNCH (open pool – athletes only)
12:00 - 12:15	Novice Duets warm up (9)
12:25 - 1:00	Novice DUETS swim
1:00 - 1:15	Age Group / Masters Duets warm up (13)
1:25 - 2:30	Age Group / Masters DUETS swim
2:30 - 2:58	Age Group Team warm up (7)
3:00 - 3:50	Age Group TEAM swim
3:50 - 4:15	Masters, Novice, Combo warm up (6)
4:20 - 5:00	Masters, Novice, Combo TEAMS swim
5:15	AWARDS

This schedule is VERY tentative and we will move along as fast as possible. REMEMBER to check before leaving so you don't miss anyone swimming.

Bring something to eat and PLENTY of sunscreen, shade and WATER.

THERE IS NO GELLING OR DEGELLING AT THE POOL. ANYONE CAUGHT DEGELLING WILL BE FINED \$100.00 (payable at the time). So come with your hair up and ready to swim.

Good luck to everyone.