

CALIFORNIA STATE GAMES – SWIMMING

JULY 14, 2018

Host team: College Area Swim Team. (special note: in agreeing to host this meet, CAST will need to distribute some of the jobs to attending teams, based on size- example: timers, runner, head timer, marshall).

Approval: SI-18-31A This meet is approved by USA Swimming and San Diego-Imperial Swimming . In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. This means that all events will be conducted in accordance with USA swimming Rules. Times achieved by USA swimming members will be “approved” and uploaded to the USA swimming database. The 25 &O division will be conducted in accordance with USA Masters swimming rules.

The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet at the start end and 3.6 feet at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4).

Use of audio or visual recording devices including a cell phone, is not permitted in changing areas, rest rooms or locker rooms, as well as behind the starting blocks. Deck changes are prohibited.

Parking is available in the lot immediately to the north of the complex, and to the west . (see maps)

Snack bar and hospitality provided by CAST.

POOL: Granite Hills High School – Competition pool. 8 Lane 50M pool.

See last page for directions.

ELIGIBILITY:

Open to all California Residents (minimum 30 days), (NEW) and residents of Nevada, Arizona and Baja.

RULES:

Current USA Swimming, and USA Masters Swimming (25&O), rules will govern the competition. **You do not need to be a USA Swimming or USAMS member to participate.** Coaches will be asked to verify USA swimmer ID numbers of athletes who wish to have their times uploaded to the USA swimming database. Swimmers without an EXACT ID NUMBER match of the USA swimming database will not have their results uploaded.

Entry:

Method 1 (preferred) – Team entry:

Submitted electronically using Hy-Tek Team Manager compatible software. Generate the following files:

- 1) Entry report (sort by name), 2) Entry Fee report, and 3) the meet entry export file (zip file).

and send to : <mailto:entries@calstategames.org>

Method 2 – Individual entry can be done online on the calstate games swimming page:

<https://events.clearthunder.com/18CALSG>

ENTRY FEES: Note the new entry fees

\$10 surcharge per swimmer + \$6 per event – if method 1 (team entry), or method 2 (online).

Team entries are to be paid in a single check. And mailed within 48 hours of e-mailing the team file.

Make checks payable to: **California State Games, send fees to: California State Games/3260 Rosecrans St/ San Diego, CA 92110.**

RELAYS: ARE DECK ENTERED. Athletes must already be entered into the meet to be eligible for relays. There is a \$10 fee per relay-payable on deck. Relays are mixed. This means any combination of boys and girls can be in relays.

ENTRY TIMES:

Submit swimmer's best Long Course time. If the swimmer does not have a Long Course time submit their Short Course time designated with a "Y" for yards. Submit NT if the swimmer does not have a time. Seeding will occur in the following order LC times then SC times then NT. **NOTE:** This meet has no time standards so we will not be verifying entry times. If you wish to be seeded among the Long course times you may use an estimated time or a converted time (time converter). www.ilswim.org/timeconversion.htm

ENTRY DEADLINE: Online: July 5 or E-mailed entries: July 5. Register by June 15 to have your name listed in the official California State Games program

TIME TRIALS: Deck entered time trials are available during session 3 for a 200 (fly,bk or br) and a 400 (fr or IM) , swimmers cannot exceed the 6 individual event limit. There will be no awards for these events.

WARM--UP:

Warmup will run from 7:30 to 8:50. We will run 7 lanes for competition with Lane 8 available for warmup. We will post any warmup assignments if a split of teams for warmups is necessary.

MEET TIMELINE: will be posted on the calstategames swimming website as well as www.castswim.com on July 11th.

ATHLETE CHECK-IN:

Check in at the meet when you arrive at the pool. This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim.

After an event is closed, a swimmer may not check in or scratch. Check-in for the first 10 events on Saturday at 8:30. Check-in for the remainder of the meet for all 24 and under swimmers will close at 9:30. Check -in for Masters swimmers will be open at 11:00 a.m. and will close 30 min prior to the announced start time of event 47.

OPENING CEREMONIES: Are held Friday July 13, 6:30 PM at SDCCU (formerly Qualcomm) Stadium. See <http://www.calstategames.org/opence> for information.

AWARDS:

Medals 1-3. There will be 3 awards breaks to honor the swimmers who have placed 1-3 in their events. This will include brief medal ceremonies on podiums --- great photo opportunity.

CANOPIES: can be set up on the deck.

For Information contact: Jeanette Temple jct264@gmail.com or Dave Kilmer dave@castswim.com

Masters:

All Masters events are listed as 25-O. They will be combined ages for swimming, and separated in normal 5 year increments for awards (25-29, 30-34...). The Masters events will begin with event 47, with the first 5 events interspersed with the age group meet. The remaining events (events 93 - 102) will swim after the second awards break. During events 93-102 we will take short breaks between events if needed. Our best initial guess is that the first awards break will start between 11:00 and 11:30. (Check for more accurate timeline Wednesday July 11th after 12:00 pm at: www.castswim.com).

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07/14/18

Session 1 - Saturday a.m.			
Girls	Age	Events	Boys
Warmup: 7:30 am		07/14/18	Meet begins: 9:00 am
1	10&U	200 Free	2
3	11-12	200 Free	4
5	13-14	200 Free	6
7	15-18	200 Free	8
9	24 & U	200 Free	10
11	10&U	50 Breast	12
13	11-12	50 Breast	14
15	13-14	100 Breast	16
17	15-18	100 Breast	18
19	24 & U	100 Breast	20
21	10&U	50 Free	22
23	11-12	50 Free	24
25	13-14	50 Free	26
27	15-18	50 Free	28
29	24 & U	50 Free	30
31	10&U	200 IM	32
33	11-12	200 IM	34
35	13-14	200 IM	36
37	15-18	200 IM	38
39	24 & U	200 IM	40
41	10—U	200 FR Relay	41
42	11-12	200 FR Relay	42
43	13-14	200 FR Relay	43
44	15-18	200 FR Relay	44
45	24-U	200 FR Relay	45
50-60 min awards break (pool avail for warmup)			
47	25-O	50 Fly	48
49	10-U	50 Fly	50
51	11-12	50 Fly	52
53	13-14	100 Fly	54
55	15-18	100 Fly	56
57	24 & U	100 Fly	58
59	25-O	50 Back	60
61	10&U	50 Back	62
63	11-12	50 Back	64
65	13-14	100 Back	66
67	15-18	100 Back	68
69	24 & U	100 Back	70
71	25-O	50 Breast	72
73	10&U	100 Free	74
75	11-12	100 Free	76
77	13-14	100 Free	78
79	15-18	100 Free	80
81	24 & U	100 Free	82
83	25-O	100 Free	84
85	10&U	200 Medley Relay	85
86	11-12	200 Medley Relay	86
87	13-14	200 Medley Relay	87
88	15-18	200 Medley Relay	88
89	24-U	200 Medley Relay	89
91	25-O	200 IM	92
Awards break			
93	25 & O	100 Breast	94
201-203-205	open	200 time trial fly -bk or br	202-204-206
95	25 & O	50 Free	96
97	25 & O	100 Fly	98
207-209	open	400 time trial fr or IM	208-210
99	25 & O	200 Free	100
101	25 & O	100 Back	102
Final Awards			

Note: Swimmers may swim 6 individual events + 2 relays

Pool Address: 1719 E Madison Ave, El Cajon, CA 92019

Granite Hills high School. Parking and pool location



From Hwy 8 take the 2nd street exit in El Cajon. Go south on 2nd st to E. Madison. Turn left on E. Madison towards Granite Hills High School. There are two parking areas . . .your best bet is to turn right on 4th street and park in one of the lots at the front of the school. The other parking on the north side of the school (which we found out last year, on the day of the event, was closed to swimmers due to a school event). At this time we recommend the bigger lots off of 4th street. See map.