

California State Games
Powerlifting Weight Classes

Men		Women	
Kilos	Pounds	Kilos	Pounds
53	116.84	43	94.8
59	130.07	47	103.62
66	145.51	52	114.64
74	163.14	57	125.66
83	182.98	63	138.89
93	205.03	72	158.73
105	231.49	84	185.19
120	264.55	84+	185.19+
120+	264.58+		

Junior & Sub-junior Only