

California State Games

Field Hockey

Rules:

1. Playing FIFH Rules
2. Seven players on the field including the keeper (6 field and 1 goalie).
3. Field 1 is closest to the locker rooms.
4. Three defenders plus a goalie on penalty corners.
5. Rolling substitutions at the midfield of each field. Please make sure your player completely exits field prior to sub going on.
6. Ball must travel outside the circle before a goal can be scored on a penalty corner.
7. 1st team listed is home team
8. Games are 20 minutes long; with 5 minutes between games. It will be a running clock.
9. At the end of each game, a captain will report the scores to score table at mid-field, prior to the start of the next game.
10. Age groups – Be honest: U19 (Birthday cutoff day January 1, 2000), U16 (Birthday cutoff day January 1, 2003) & U14 (Birthday cutoff day January 1, 2005)
11. Boys - U14 Division is allowed 2 boys per team on the field at a time, U16 and U19 are allowed 1 boy per team on the field.
12. Adult Coed Division - 2 woman must be on the field at all times or play a player down.

Schedule:

Saturday, July 13

Adult Division Registration will begin at 10:30a

Games begin at 11:00am and the tournament concludes at 3:00pm.

Awards 2:55pm

Sunday, July 14

Registration will begin at 7:30am

Games begin at 8:00am and the tournament concludes at 6:00pm.

Awards for U19 at 11:20am

Awards for U16 at 5:10pm

Awards for U14 at 6:00pm

Scoring:

Win = 3 points

Tie = 1 point

Loss = 0 points

***In case of a tie after pool play, winners will be decided by:

1. Head to head competition
2. Goal differential
3. Strokes – 1 – 1 Sudden Victory