



<u>Event</u>	<u>Division</u>
100 Meter	All Divisions
200 Meter	All Divisions
400 Meter	All Divisions
800 Meter	All Divisions
Mile	All Divisions
3000 Meter	Boys Scholastic Girls Scholastic Women's Open
5000 Meter	Men's Open
110m High Hurdles	Boys Scholastic Girls Scholastic Women's Open Men's Open
High Jump	Boys Scholastic Girls Scholastic Women's Open Men's Open
Triple Jump	All Divisions
Long Jump	All Divisions
Javelin	Boys Scholastic Girls Scholastic Women's Open Men's Open
Shot Put	Boys Scholastic Girls Scholastic Women's Open Men's Open
Discus	Boys Scholastic Girls Scholastic Women's Open Men's Open

Turbo Jav	Junior Boys Junior Girls
Steeplechase**	Men's Open, Women's Open
Hammer Throw*	Men's Open Women's Open
Pole Vault*	Boys Scholastic Girls Scholastic Women's Open Men's Open
400 Meter Hurdles*	Boys Scholastic Girls Scholastic Women's Open Men's Open
3K Walk*	Men's Open Women's Open

*These events are finals only and will not be held at regional qualifiers.

* Must enter and run 5000 meter at the qualifier, but declare as a steeplechase participant .

Athletes can move up one division to compete in an event that is not offered in their age group.

JUNIOR Age 10-14
SCHOLASTIC Age 15-17
OPEN Age 18-39