



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of Cycle Menu		1 CLOSED	2 NEW YEAR CELEBRATION	3	4
2		 HAPPY NEW YEAR	Pork Riblet Turnip Greens Hoppin' Johns Roll & Margarine Special Dessert	8 oz Beef & Bean Chili Brown Rice Carrots Corn Muffin Pears	Roast Chicken Thigh Macaroni & Cheese Stewed Tomatoes Whole Grain Roll Fruit Cocktail
	7	8	9	10	11
3	Grilled Chicken Cutlet Corn, Okra & Tomatoes Sweet Potatoes Grain Bread & Margarine Graham Crackers	Hamburger on Bun Ketchup Baked Beans Salad/ Italian Dressing Fresh Fruit	(3) Ea Turkey Sausage Cheese Grits Spinach Grain Roll Applesauce	Chicken Parmesan Pasta Marinara Tuscan Vegetables Grain Roll Mandarin Oranges	Sofrito Roast Pork Black Beans Brown Rice Roll Pineapple
	14	15	16	17	18
4	Split Pea Soup Chicken Salad Sandwich Salad, Italian Dressing Mandarin Oranges	NY Charbroil Strip Mashed Potatoes California Vegetables Bread & Margarine Fruit Cocktail	Juice Pulled BBQ Pork Collard Greens Warm Cinnamon Apples Bread & Margarine	Roast Chicken Thigh Corn & Tomatoes Peas Bread & Marg Fresh Fruit	(5) Meatballs Marinara Pasta Italian Green Beans Grain Roll Pears
	21 CLOSED	22	23	24	25
1	Martin Luther King Day 	Smoked Sausage & Red Beans Brown Rice Carrots Grain Bread & Marg Fresh Fruit	4 oz Chicken Fajita Mix Whole Wheat Tortilla Salsa Pinto Beans Brown Rice Mandarin Oranges	Sloppy Joe on Bun Sweet Potatoes Brussels Sprouts Fruit Cocktail	Tuna Salad Sandwich Pasta Salad 3 Bean Salad Applesauce
	28	29	30	31	
2	(5) Meatballs in Gravy Mashed Potatoes Peas & Carrots Fruit Cocktail	Hot Dog on Bun Ketchup/ Mustard Baked Beans Cole Slaw Raisins	8 oz Chicken & Rice Casserole Green Beans Grain Bread & Margarine Fresh Fruit	8 oz Beef & Bean Chili Brown Rice Carrots Corn Muffin Pears	