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Calendar Announcement: May 17th 5K on AIA Benefits Covenant House Florida

Who:

The Young Professionals for Covenant House hosts the 5K on AIA in support of Covenant House Florida. 500+ runners/walkers are expected to attend.

What:

Fifth Annual Covenant House Florida 5K on AIA

Where:

Route begins at the World Famous Parrot Lounge, 911 Sunrise Lane in Fort Lauderdale. Runners/walkers will head south on A1A to East Las Olas Boulevard where they will turn around and head north on A1A, passing the finish line in front of the Parrot. During the course, runners/walkers will pass by the Covenant House Florida shelter, one block west of AIA, on Vista Mar. Covenant House Florida youth and young adults will be outside with signs cheering on the walkers and runners.

A post-race party at The Parrot will feature drink specials and snack foods.

When:

7 a.m., Saturday, May 17th.

Registration/Entry Fees:

Register at www.5KonA1A.com. To start a fundraising page visit <http://www.active.com/donate/CHF5thAnnual5KonA1A>.

- Early registration through May 1: \$25 guaranteed shirt
- Registration May 1 to 16 until noon: \$30 guaranteed shirt
- Race Day Registration May 17 until 6:45 a.m.: \$40 shirt not guaranteed
- Running groups will be assigned a discount code to receive \$5 off before May 1
- Race day Packet Pick-up: 6:00 to 6:45 a.m.
- Packet Pick-up Party: 6 to 8 p.m., May 16 at the Parrot with food and drink specials.
- Register as a team and walk/run to raise funds and awareness for homeless youth at Covenant House Florida. When registering by mail, there will be a space for you to enter your team name. If you register online, e-mail 5konA1A@covenanthousefl.org with your team name.

More info:

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