Every three minutes someone in the US dies from Lung Cancer – 13 North Carolinians die each day.

Lung Cancer is the leading cause of cancer deaths in the US and in North Carolina. Lung Cancer takes more lives than breast, prostate and colorectal cancer combined.

Estimated US Cancer Deaths 2020

- Lung: 135,720 deaths
- Breast: 42,690 deaths
- Colorectal: 53,200 deaths
- Prostate: 33,330 deaths

Lung Cancer Facts

- Every two minutes someone in the US is diagnosed with Lung Cancer – that is 23 people diagnosed each day in North Carolina.
- Not just for smokers!

- 18% – Never smoked
- 21% – Currently smoke
- 61% – Former smoker

20 – 25,000 people in the US get lung cancer each year, despite never smoking. Those who have quit smoking remain at risk.

Causes

- Smoking
- Exposure to radon
- Air pollution
- Second hand smoke
- Genetic susceptibility
- Radiation therapy
- Asbestos, cadmium, arsenic
- Cooking fumes (developing countries)

Common Symptoms

- A cough that doesn’t go away or gets worse
- Coughing up blood
- Shortness of breath
- Exhaustion or weakness
- Back or chest pain
- Wheezing
- Hoarseness
- Losing weight without trying

Advances in Lung Cancer Screening

The largest national lung screening trial with over 50,000 people enrolled, showed a 20% risk reduction in lung cancer deaths!

Low-Dose CT recommended annually if you are:

- Between the ages of 55 and 80
- Smoking at least a pack a day for at least 30 years or two packs a day for 15 years
- Still smoking or stopped within 15 years

How to Get Screened

- Talk to your primary care doctor about risk factors
- Ask for a referral to a CT screening site
  - Screening sites are located at most regional cancer centers
  - Costs range from $200-$400 – all insurance plans are required to cover screening for high risk individuals

Visit our website for a list of screening sites.

www.LungCancerInitiativeNC.org